



LE SPA
nucca



AN EXCEPTIONAL SENSORY JOURNEY INTO THE HEART OF THE CORSICAN MAQUIS

For us, the idea of sharing the island's extraordinary wealth of flora was an obvious choice. For you, we gathered a cornucopia of plants from the most untouched and well-preserved parts of our island.

Our NUCCA Line, developed in perfect synergy with nature and in absolute harmony with the environment, offers you exclusive skin care products and treatments.

NUCCA is an all-natural, complete and effective range offering the benefits of rare active ingredients derived from more than 100 Corsican plants and revitalising minerals. Each ritual is personalised with essential oils applied using the palms of the hands and a beverage made of plant extracts selected to complement your treatment.

Created with extreme attention to detail, the NUCCA protocols are based on specific manual application methods developed in collaboration with an experienced therapist particularly passionate about the world of spas.

Our "homemade" brand takes you on a spectacular olfactory journey enhanced with revitalising and soothing sensory interludes.

Hélène et Lise Canarelli

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The 100% natural NUCCA cosmetic range is sold in the spa at the Grand Hôtel du Cala Rossa, at the Domaine de Murtoli and in our online store www.nucca.fr.

In natural cosmetology, the oils used are unrefined, and contain live plant molecules and pigments. The colour palette of ingredients used in making our products goes from white to red, through green, yellow and orange.

This superb spectrum of colours can develop differently from one batch to another depending on where the plants are picked and the temperatures experienced during growth.

The molecules also develop according to the season, the growing environment of the oleaginous plants and sunshine.

Any small changes in colour and smell that appear over time are evidence of the quality of the ingredients used, and in no way reflect deterioration of the product. In fact, quite the contrary.



FACE CARE

ALL OF OUR FACIALS ARE PERSONALISED AND COMBINE AESTHETIC EXPERTISE WITH HIGHLY CONCENTRATED PRODUCTS.

ULTIMATE HYDRATING AND NOURISHING FACIAL

This traditional facial is ideal for sensitive skin, with an application of lime blossom and pêche de vigne hydrolat, and restores radiance to the complexion. The treatment is based on a rose-sweet clover-apricot concentrate – a burst of vitamins for the skin. A mask made with honey, shea butter and apricot works to restore a plump, youthful appearance to the epidermis. The skin looks visibly younger, deeply hydrated and full of vital energy.

TREATMENT 1HR
WITH EXTENDED FACE MASSAGE
AND NECKLINE TREATMENT 1 HR 30 MINS

ULTIMATE SOOTHING FACIAL

Perfect for fragile, sensitive skins, this traditional treatment balances the complexion thanks to an application of lime blossom-sweet clover hydrolat. The treatment is based on a blackcurrant-rose-raspberry concentrate, a true cocktail of boosters to optimise microcirculation. The epidermis is soothed by the application of an anti-stress gel containing blue chamomile and lemon balm. Designed to reduce sensations of heat and attenuate redness.

TREATMENT 1HR

ULTIMATE PURIFYING AND REVITALISING FACIAL

This traditional facial is ideal for devitalised skin. An application of bamboo and elderberry hydrolat restores freshness to the complexion. The treatment is based on a lemon-eglantine concentrate – a burst of vitamins for the skin. A mask made with verbena, yuzu and sweet lime works to restore comfort and a toned appearance to the epidermis. This treatment also protects the skin from free radicals and restores radiance and luminosity. A special treatment is also available to target skin imperfections.

TREATMENT 1H
INCLUDING NECKLINE AND BACK: 1 HR 30 MINS

FACIAL FOR MEN

A hydrating or regenerating facial that repairs irritation caused by shaving. A foaming plant-based gel is applied to eliminate all traces of pollution while purifying and de-stressing the skin. An apricot-aniseed blend gently exfoliates, restoring softness and tone to the skin.

TREATMENT 1HR
SPA TIP: SHAVE THE DAY BEFORE YOUR TREATMENT.

ULTIMATE REGENERATING FACIAL

This traditional facial brings freshness and firming action with an application of helichrysum-dill hydrolat. The treatment is based on a blackberry-angelica concentrate – a regenerating cocktail for the skin. A firming mask made with meadowsweet, silicon and trace elements leaves the epidermis visibly lifted. Signs of fatigue fade away, the skin is supple and radiant once again. A special treatment is also available to target wrinkles and fine lines.

TREATMENT 1 HR 15 MINS
INCLUDING NECKLINE – 1 HR 30 MINS

TAILORED KOBIDO FACIAL

An ancient Japanese beauty ritual, Kobido is a truly natural facelift. The massage techniques target the meridians and acupuncture points. This treatment helps rebalance the flow of energy in the face and neck. It fights sagging skin and increases skin elasticity.

TREATMENT 1 HR
FIVE-SESSION PACKAGE

SPA TIP FOR MEN: SHAVE THE DAY BEFORE YOUR TREATMENT.

“TENDER AGE” REFRESHING FACIAL

This ritual was specially designed for young, delicate skin. A deep cleanse with micellar water containing aloe vera and lemon balm and an almond-blossom scrub leave the skin smooth and luminous. A sage and lavender mask purifies and evens out skin texture, followed by a complexion-enhancing light balm with yuzu and kaffir lime.

TREATMENT 50 MINS
FOR 13-17 YEAR-OLDS

EXCELLENCE BY NUCCA FACIAL ^{new}

The marvellous combination of an express radiance-energy facial to suit your skin type followed by a centuries-old Japanese KOBIDO beauty ritual. This facial thoroughly relaxes the face. The skin regains radiance and tone thanks to a blend of highly effective natural ingredients.

Choice of express facial amongst:

CALA ROSSA « Energy-Healthy glow » made with lemon balm and chamomile

MAQUIS « Vitality-Purity » made with sage and lavender

BORD DE MER « Boosting » made with aloe vera and honey

CASTAGNICCIA « Toning » made with witch hazel and chestnut

TREATMENT 1 HR 1 HR 30 MINS



SIGNATURE FACIALS AND BODY TREATMENTS

BEAUTY EXPERTISE AND HIGHLY CONCENTRATED PRODUCTS

THE NUCCA DUO

Pamper your face, your body and your senses... Recover radiance, suppleness and lightness when you compose your own duo of facials chosen from the following:

RADIANCE-ENERGY EXPRESS FACIAL

For an instant burst of radiance.

CALA ROSSA

"Energy-Healthy glow", made with lemon balm and chamomile

MAQUIS

"Vitality-Purity", made with sage and lavender

BORD DE MER

"Boosting", made with aloe vera and honey

CASTAGNICCIA

"Toning", made with witch hazel and chestnut

TREATMENT 1HR

BACK RELAXER

Targeting the neck, shoulders and back where stress-induced tension accumulates, this treatment uses mugwort, wild thyme and sage to effectively relieve stiffness. Heat-therapy pillows are used with deep massage for an instant sensation of well-being and total release.

CRANIAL MASSAGE

This capillary massage relaxes the cranial area where tension and emotional stress accumulate most.

It facilitates relaxation and contributes to better quality sleep. The energising cedar-sage lotion also contributes to improving microcirculation and stimulates hair growth.

A face, neck and shoulder massage rounds off this relaxing interlude.

ULTIMATE FIRMING AND ANTI-AGEING TREATMENT

This is the ultimate tissue regenerating and firming treatment. It includes a body wrap made with hibiscus, camellia and cherry (hibiscus for its antioxidant properties, cherry for its regenerative properties and camellia which protects against skin ageing). During the body-wrap rest time, an express facial treatment is given using an almond-blossom exfoliating cream for a radiant complexion, in addition to a "Terre du Maquis" mask composed of myrtle, with smoothing and softening properties, rosemary, a precious partner for cell regeneration, and sweet lime, a superb toner for the skin. The Elixir completes this beauty-boosting treatment for the face and body. This is the flagship product of the Nucca range, exceptionally formulated (with prickly pear, rosehip, Mysore sandalwood, tamanu, ylang-ylang, and more) to moisturise, nourish, protect, boost and restore the epidermis.

DURÉE DU SOIN 1H

RE-BOOST FACIAL BY NUCCA New

Targeting the face, neck and legs, where all the tension of travel is concentrated, this treatment has been specifically designed to eliminate all traces of fatigue. A radiance boost facial, with an eye mask containing cornflower hydrolat, combined with a relaxing treatment for the neck and shoulders using yuzu-kaffir lime balm. This highly relaxing interlude is rounded off with a circulatory and draining massage for the legs with cedarwood-niaouli oil, followed by a final indulgence with the three-mint leg gel for a truly fresh and light sensation.

Ideal to counter jet lag and the sensation of being out of sync (that brief transitional period between stress and holidays), it is also a perfect antidote to a long night of partying!

TREATMENT 1H



EXFOLIATING BODY RITUAL

BODY SCRUB

Made of apricot kernels, beeswax and saponaria, this gentle scrub eliminates dead cells, impurities and toxins. It prepares the epidermis for the sun, leaves the skin satin-smooth and boosts the effectiveness of the associated moisturising or regenerating treatment.

To enhance this treatment, you will be offered an application of the aloe vera, lavender and shea butter Body Lotion with moisturising and soothing properties.

For a regenerative treatment, the Rich Body Cream with jojoba, olive and linden combined with a palmarosa and camellia oil complex, rich in fatty acid, provides anti-ageing properties.

TREATMENT 45 MINS

EXFOLIATION AND AFTER-SUN ENHANCEMENT

On skin that is already tanned, exfoliation using powdered plum kernels removes dead skin cells without dulling sun-kissed skin. To enhance this treatment a serum is applied, made with antioxidant-rich sea-buckthorn oil, tomato seed oil for a healthy glow, and aloe vera for deep hydration. An ideal way to maintain skin elasticity, and keep your tan from fading.

TREATMENT 45 MINS

TONING AND REVITALISING CHEST TREATMENT

A gentle treatment specially designed for this fragile and delicate part of the body, with a soft scrub made with melon and almond blossom to remove dead skin cells, and an application of helichrysum and dill water with regenerating, revitalising and refreshing effects. This treatment includes an "angelica-carrot" concentrate to give the epidermis a real boost, followed by a firming mask made with meadowsweet, silicon and trace elements to leave the skin supple and visibly lifted. The exceptionally formulated Nucca Elixir – which includes prickly pear, rosehip, Mysore sandalwood, tamanu and ylang-ylang – is also applied to round off this treatment.

**IDEAL TREATMENT FOR YOUNG MUMS
TREATMENT 50 MINS**

THREE-TREATMENT PACKAGE

BODY TREATMENTS

DEPENDING ON YOUR NEEDS AND WISHES, NUCCA OFFERS A VARIETY OF DIFFERENT BODY TREATMENTS: RELAXATION, ANTI-STRESS, DETOX, DRAINING AND SLIMMING.

HYDROTHERAPIE

Performed in a beautiful circular wooden treatment booth, treatments include chromotherapy and aromatherapy to help you relax and let go.

Hydrotherapy is conducive to relaxation, refreshing the mind and the body, and facilitates the penetration of specific active ingredients diluted in the bath. Massage jets and chromotherapy round off this relaxing treatment nicely.

Available as a cold-water treatment with firming and invigorating effects. Restores tone and vitality:

DETOX & ANTI-STRESS

Corsican citrus extracts

Available as a classic warm-water treatment to help you release tension, to suit your mood:

RELAXATION AND ANTI-STRESS

Maquis plant extracts (Myrtle, Lavender)

Seaside plant extracts (Dill, Marjoram, Pine)

Castagniccia plant extracts (Spruce, Mandarin, Metit grain)

Plant extracts from Cala Rossa's garden (lemon balm, oregano)

DETOX AND DRAINING

Rosemary and juniper berry extracts

SLIMMING

Thyme and grapefruit extracts

CIRCULATION

Helychrisum, caraway thyme and peppermint extracts

TREATMENT 30 MINS

**HYDROTHERAPY GOES BEST
WITH A BODY WRAP OR MASSAGE.**

BODY WRAPS

Our plant-based body wraps, with smooth and lightly scented preparations containing clay, seaweed or volcanic mud, provide detoxifying, softening, relaxing and slimming benefits for the skin.

RELAXATION AND ANTI-STRESS

Maquis plant extracts (Myrrh, Sage, Lentisk, Pistacia)

Seaside plant extracts (Seaweed, Litsea, Samphire)

Castagniccia plant extracts (Almond, Orange, Lantana)

Plant extracts from Cala Rossa's garden (Marjoram, Lavender, Wild Thyme)

DETOX AND DRAINING

Rosemary and juniper berry extracts

SLIMMING

Thuja and grapefruit extractse

CIRCULATION

Niaouli, mint and cypress extracts.

TREATMENT 30 MINS

**ONLY AS A SUPPLEMENT TO A 1 HR NUCCA MASSAGE,
HYDROTHERAPY OR EXFOLIATION TREATMENT**

SIGNATURE MESSAGES AND BODY TREATMENTS

CUSTOMISED MESSAGES

Massage, the ultimate treatment in the quest for well-being. Depending on the desired benefits, choose from a great range of relaxing, circulatory, slimming or deep massages.

RELAXATION AND ANTI-STRESS

A gentle, enveloping massage. Choose from four scents:

Light massage lotion (Spike lavender)

Elixir du Maquis (Helichrysum-daisy)

Voile de massage Bord de mer (Seaweed-lichen-aniseed)

Castagniccia fluid (Sweet orange)

DETOX

Slow massage with pressure

Yuzu and grapefruit light massage lotion

CIRCULATION

Lymphatic drainage beauty massage: **Slow, gentle technique**

A combination of energising cedar-niaouli oil and refreshing leg gel with 3 types of mint.

SLIMMING AND FIRMNESS **RPRIOR BOOKING REQUIRED**

Toning and firming massage

Slimming and toning fluid containing juniper, sweet lime and Mysore sandalwood, combined with a cocktail of active slimming ingredients (Yuzu, grapefruit and juniper berries).

TREATMENT 1 HR

OPTIONAL EXTRA:

FACIAL AND CRANIAL MASSAGE 30 MINS

SCRUB 30 MINS

BODY-WRAP 30 MINS

STAR MESSAGE

If you are seeking a true escape, you'll be amazed by the feeling of absolute relaxation this treatment brings. The face and neck are massaged using the Exceptional Elixir containing jojoba, borage and rosewood with regenerating properties. The scalp is massaged using a revitalising lotion containing sage and cedarwood. The hands are massaged with shea butter and beeswax cream for perfect hydration. The feet are massaged with a cream containing myrrh and copaiba combined with patchouli, whose emollient properties ensure that it penetrates deeply.

TREATMENT 1 HR

FULL BACK BODY MESSAGE

(Head, neck, shoulders, back, back of the legs, arches of the feet). Using a relaxing plant oil, and moving from the top of the head to the tips of the toes, this special massage treatment relieves tension, stimulates venous circulation and boosts energy. It provides a deep feeling of calmness and promotes relaxation.

TREATMENT 45 MINS

PRENATAL TREATMENT-MASSAGE

This gentle, enveloping massage uses the finest-quality natural jojoba, cotton and baobab oils to help relieve tension caused by pregnancy and improve the skin's elasticity. A refreshing gel containing three types of mint is used to relax the legs, bringing a sensation of utter lightness. Enjoy this moment of total relaxation with complete confidence.

THIS TREATMENT CAN BE PERFORMED AFTER THE FIRST THREE MONTHS OF PREGNANCY.

TREATMENT 1 HR

LEG REJUVENATOR

Restores a sensation of lightness to the legs thanks to a verbena-yuzu mask followed by a massage with cedarwood-niaouli toning oil, which is a powerful venous decongestant. For the ultimate finishing touch, the refreshing leg gel containing three types of mint (catmint, peppermint and wild mint) brings a feeling of utter freshness.

TREATMENT 45 MINS

SOKUSHINDO BY NUCCA **NOUVEAU**

A veritable ritual, this treatment is sure to appeal to foot massage fans!

The treatment starts with a purifying grapefruit and lavender soak followed by a sea salt scrub and a refreshing verbena-yuzu mask.

A traditional Japanese foot massage is then given using a patchouli, sage, tamanu, cajuput and Atlas cedar complex for deep hydration and to stimulate circulation.

This treatment combining pressure, stretching, strokes, movement and petrissage helps to relax nervous and bodily tension.

It stimulates the reflex zones and deeply relaxes the entire body.

It helps to oxygenate the feet and improve circulation, leading to better general mobility.

TREATMENT 1H

OTHER SPECIFIC THERAPIES AND MASSAGES

External specialists, by appointment only

VACUODERMIE

Vacuodermie is a natural draining method in which suction cups are applied to the body's meridians, bringing an immediate feeling of well-being. This vacuum technique can be used to reshape the face and body. For the face, it fades wrinkles and restores a radiant glow. For the body, it stimulates the lymphatic system while eliminating toxins. The ultimate treatment for a moment of complete relaxation.

BODY 50 MINUTES

FACE AND BODY 1HR 20 MINS

Thursdays from 3:30 p.m. to 8 p.m.

AMMA ALLONGE NEW

The perfect way to relax all tension by energising the whole body, Amma Allongé is a technique composed of a Kata, a precise sequence of alternating taps, pressure, strokes and acupressure. The actions are concentrated on muscles, joints, and most of the human body's 140 reflex points. Every part of the body is involved during this massage.

A CLOTHED MASSAGE TECHNIQUE, LYING ON A TABLE WITH SPECIAL ERGONOMIC CUSHIONS.

A COMFORTABLE GARMENT IS PROVIDED BY THE SPA.

TREATMENT 1 HR

Wednesdays from 3:30 p.m. to 10 p.m. Evening

OSTEOPATHY

Gentle facial, cranial and visceral manipulation techniques are used while taking the whole body into account, as a preventive or curative treatment. Manipulation specially adapted for pregnant women.

CONSULTATION - ON REQUEST AT THE SPA RECEPTION

With some of our team members, with prior booking

MASSAGE AYURVEDIQUE

Originally from India, this massage uses vegetable oil in a journey for the senses and helps rebalance the body's energy flows. It works to strengthen the nervous system, improve venous circulation, increase joint flexibility and strengthen muscle tone. Ideal as a warm-up to a relaxation or meditation session.

TREATMENT 1 HR



AN INTERLUDE WITH NUCCA

EVERY WEEK DAY, FROM 9:30 A.M. TO 4 P.M.*
TO BE SELFISHLY ENJOYED OR GIVEN AS A GIFT,
A WELL-DESERVED INTERLUDE TO RECHARGE YOUR BATTERIES.

AQUA INTERLUDES NEW

GENTLE RELAXATION INTERLUDE

- Start with an individual whirlpool bath with chromotherapy
- Continue with a customised massage 25 MINS

TREATMENT 1 HR

ENERGISING INTERLUDE

- The treatment begins with a whirlpool bath with chromotherapy OR an apricot kernel scrub
- Continue with an Argilesence body wrap...
- Finish with a customised RELAX, DETOX or CIRCULATION massage

TREATMENT 2 HRS

SEASIDE INTERLUDE

- The treatment begins with a whirlpool bath with chromotherapy OR an apricot kernel scrub
- Continue with a seaweed body wrap (rockweed and laminaria)
- Relax thanks to one of our customised RELAX, DETOX or CIRCULATION massages
- And put yourself in the expert hands of your beauty therapist with a customised Express Facial.

TREATMENT 2 HRS 30 MINS

EXCLUSIVE INTERLUDES NEW

DOWNTIME INTERLUDE

Recover sparkling vitality and energy coupled with a radiant complexion.

- Start the treatment with a Back Relaxer massage to release tension...
- Continue with an Ultimate Face and Neckline Treatment* selected by your beauty therapist to suit your needs.

TREATMENT 2 HRS

JAPANESE INTERLUDE

A journey of the senses in the Land of the Rising Sun for optimum relaxation.

- Start with Sokushindo BY NUCCA, a real treatment ritual for feet, for in-depth relaxation of the whole body.
- Continue with the Kobido facial to rebalance the flow of energy in the face.

TREATMENT 2 HRS

SOVEREIGN INTERLUDE

A pause for total relaxation from head to foot.

- Start with a full customised RELAX, DETOX or CIRCULATION massage
- Continue with a facial or neckline treatment*, to be chosen with your beauty therapist according to your skin's needs.

TREATMENT 2 HRS 30 MINS

Specially designed for our young generation

MY FIRST INTERLUDE

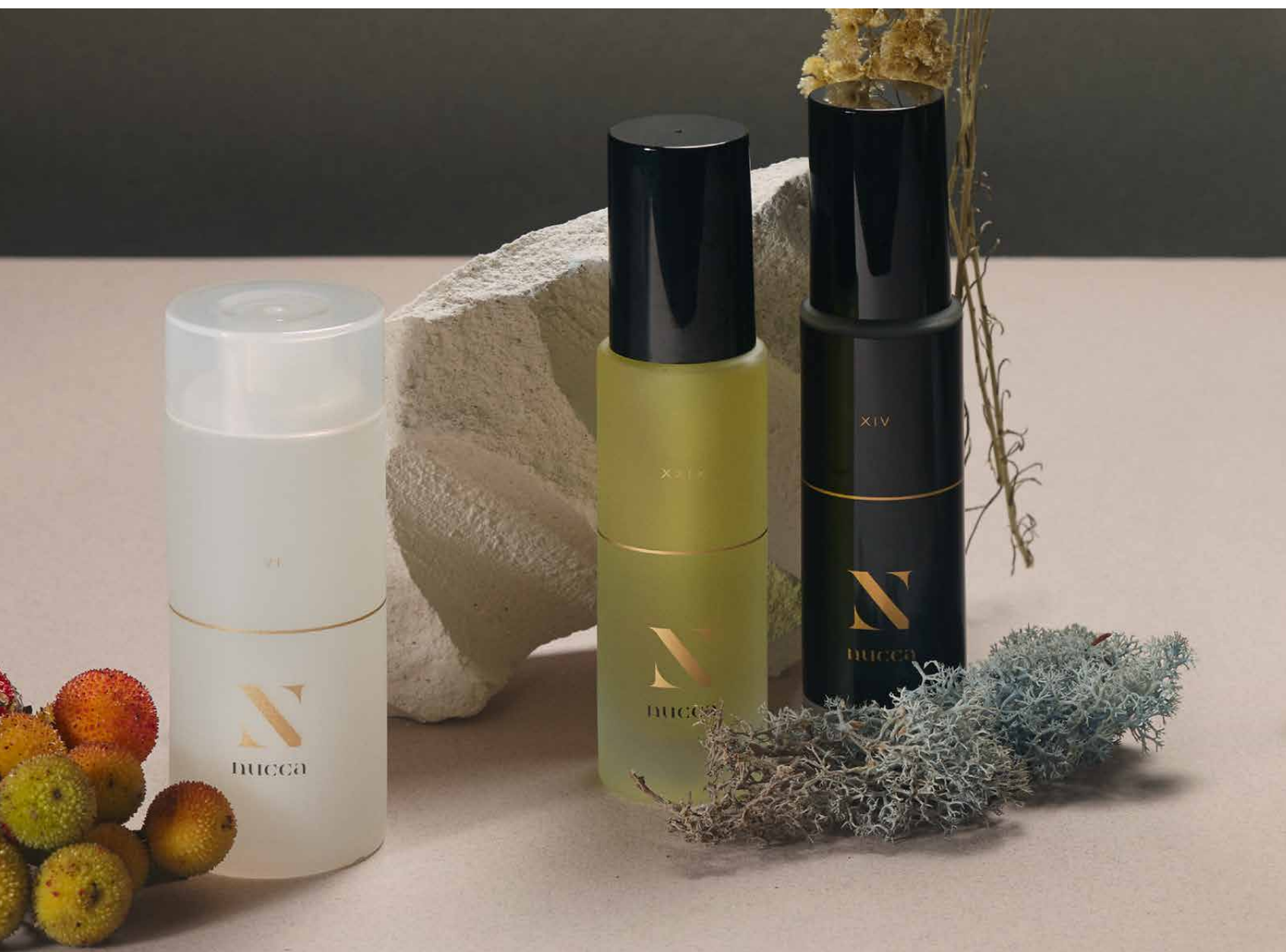
A wonderful introduction to the spa environment.

- Start with a rest and relaxation massage to suit your mood...
- Continue with a Refreshing Tender Age Facial

TREATMENT 1 HR 30 MINS

*Package: treatments to be performed successively

* 1 hr 30 mins facial – excluding EXCELLENCE BY NUCCA facial.



NUCCA ESCAPADES

MONDAY TO SATURDAY
FROM 09:30 AM TO 4:00 PM,
SPECIALLY DESIGNED FOR OUR EXTERNAL CLIENTELE

MORNING ESCAPEDE

Nutritious or self-indulgent breakfast
to suit your mood, in the gardens
from 8:30 to 10:00 am

A 60-minute NUCCA treatment,
selected from our list of services.

TOTAL RELEASE ESCAPEDE

A 60-minute NUCCA treatment,
selected from our list of services.

A NUCCA plant drink
A nutritious lunch in the gardens
or on the terrace

JULY AND AUGUST: SUBJECT TO AVAILABILITY
IN THE RESTAURANT AND THE SPA



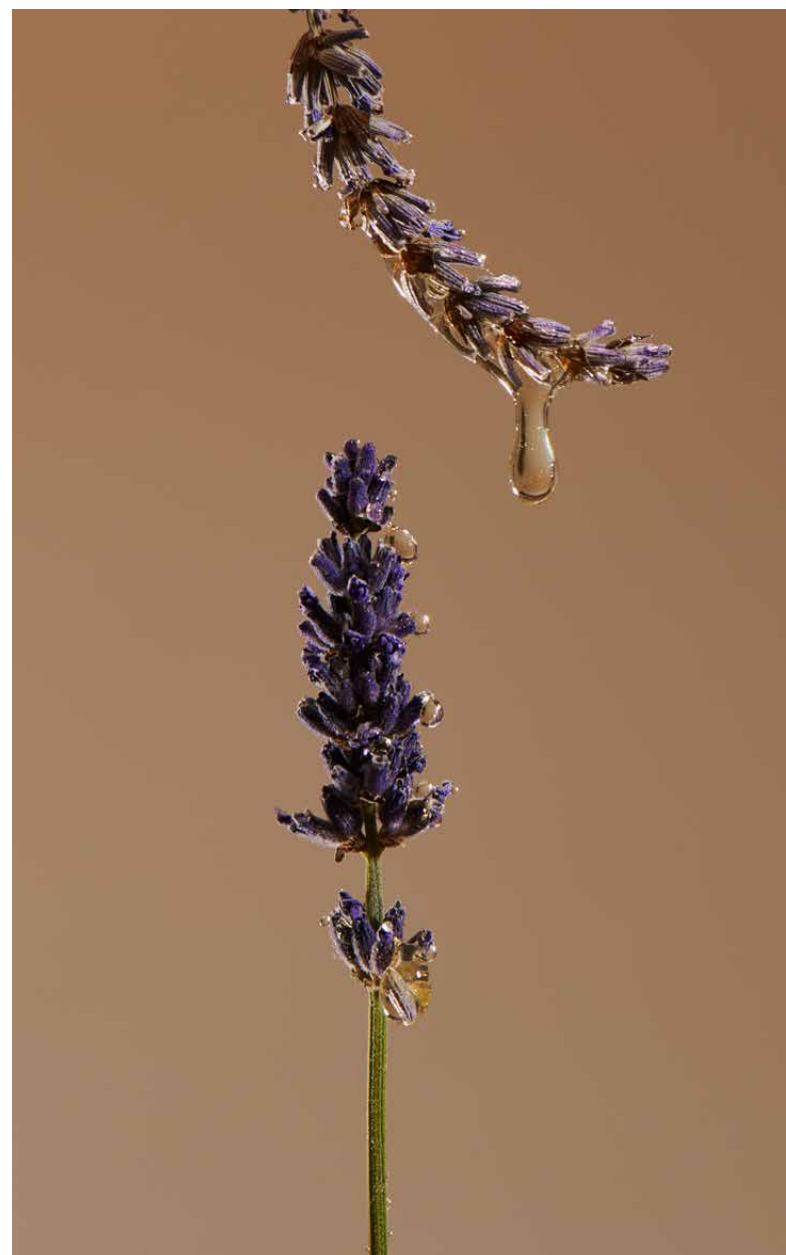
WAXING

WOMEN

- Eyebrows / Upper lip
- Underarms
- Arms
- Bikini line
- Brazilian strip
- Full Brazilian
- Half-leg
- Full-leg

MEN

- Eyebrows / Ears
- Underarms
- Arms
- Half-leg
- Full-leg
- Back and chest



FULL MANICURE AND PEDICURE

EXPRESS MANICURE BY NUCCA

**HANDS OR FEET WITH NAIL LACQUER APPLICATION
TREATMENT 45 MINS**

**HANDS AND FEET WITHOUT NAIL LACQUER APPLICATION
TREATMENT 1 HR**

FULL MANICURE BY NUCCA

For perfectly soft and deeply moisturised hands, thanks to a jojoba wax and shea butter wrap.

TREATMENT 45 MINS

WITH NAIL LACQUER APPLICATION - TREATMENT 1 HR

Kure Bazaar is the first in a new generation of nail lacquers to combine the ethics of an eco-friendly formula with the vibrant colours of Parisian fashion. After several years of research, a technological innovation has made it possible to significantly reduce the use of chemicals without compromising on quality, for long-lasting shine and colour. Natural ingredients account for up to 85% of the exclusive Kure Bazaar formula, which preserves the nails' vitality while respecting their natural growth cycle.



FULL PEDICURE BY NUCCA

For flawless, light and deeply moisturised feet, thanks to a jojoba wax and shea butter wrap.

TREATMENT 45 MINS

WITH NAIL LACQUER APPLICATION - TREATMENT 1 HR

MEDICAL PEDICURE

All you need to ensure soft, perfectly beautiful feet once more.

CONSULTATION - BY APPOINTMENT

THURSDAYS FROM 9:30 A.M. TO 1 P.M.

HAIR SALON

OPEN FROM MONDAY TO SATURDAY
BY APPOINTMENT ONLY

WOMEN'S SERVICES

Wash and blow dry short hair
Wash and blow dry mid-length hair
Wash and blow dry long hair
Wash and blow dry very long hair
Trim
Cut
Natural styling
Girls (under 13)
Additional charge conditioner
Additional charge mask
Wedding package

TECHNIQUE AND COLOUR APPLICATION BY VÉGÉTALEMENT PROVENCE*

Végétolement Provence has formulated a health-friendly, plant-based solution. Thanks to this oleic innovation, ammoniac, preservatives and petrochemical ingredients can be dispensed with.

Colour application
Root stretch
Colour and highlights

CUT AND STYLE MEN

Men's Cut
Young client (under 13)
Beard trim using V.P.'s barber concept

V.P.'s barber concept* is a range of two-in-one treatments for a soft, silky and healthy beard on smooth, soothed and revitalised skin. Innovation award at the Mondial de la Coiffure fair in Paris

These services do not include hair styling.

HAIR CARE BY LEONOR GREYL

Leonor Greyl selects the finest natural ingredients to create specific, premium treatments for your hair. Its unique philosophy combines innovation, effectiveness and sensory experiences, for exceptional results.

ICONIC WHEAT GERM TREATMENT

This customised conditioner is prepared especially for you and tailored to your hair type. The rich, wholly natural blend acts deeply to revitalise your hair from within.

MOISTURISING TREATMENT

This conditioner replenishes hair that is noticeably dry, sun-bleached or colour-damaged, helping it regain its natural shine and volume.

HAIR CARE FOR MEN

This comprehensive hair care solution specially designed for men helps encourage hair growth by stimulating the scalp.

TREATMENT 45 MINS

PACKAGE THREE PRESTIGE TREATMENTS FROM LEONOR GREYL

MINI TREATMENTS FROM LEONOR GREYL

With Crème aux Fleurs for very dry, dehydrated hair. With wheat germ oil for tired, damaged hair.

TREATMENT 20 MINS

PACKAGE THREE MINI TREATMENTS FROM LEONOR GREYL

HAIR CARE BY VÉGÉTALEMENT PROVENCE

A leading name in alternative cosmetics, Végétolement Provence specialises in hair beauty. It is a natural choice for those who wish to combine health, beauty, technical sophistication and ethics.

HAIR SPA TREATMENT

The Végétolement Provence hair spa treatment is inspired by Ayurveda. The hair spa treatment routine provides solutions for unbalanced or damaged scalps. Only a healthy scalp can produce beautiful hair. This ultra-efficient treatment is formulated with a plant concentrate with no added water, with plant hydrolats rich in active ingredients and carefully blended essential oils with specific properties.

TREATMENT 30 MINS

PLANT KERATIN TREATMENT

A treatment procedure based on plant keratin to restore and regenerate beautiful hair. Starting with the application of Intense Nourishing Oil for enhanced action, this in-depth and very nutritive treatment penetrates to the core of the hair fibre to strengthen it from the inside. The hair recovers a silky gloss. This treatment is ideal for very dry, damaged, porous, textured or curly hair, which require greater nourishment and hydration.

TREATMENT 50 MINS

SPA TIP: To keep the full benefit of the treatment, the hair should be dried naturally without heat.



YOGA

Yoga is considered an alternative medicine because it provides many benefits to the body and mind.

Our instructors are available for individual training sessions.

A variety of techniques are offered to adapt to the level of each individual.

VINYASA YOGA : A dynamic and rhythmic succession of positions, coordinated with breathing. Energising, creative, flowing and progressive yoga.

YIN YOGA : Very gentle yoga derived from Taoist principles with a meditative approach. Ideal for slowing down and releasing tension.

FLOW TRAINING : A discerning blend of gentle techniques combining stretching, yoga, Pilates and gentle gym with controlled breathing and awareness of your body.

Suppleness, tone and alignment.

Lessons suitable for all.

SESSION 60 MINS

THREE-SESSION PACKAGE

FIVE-SESSION PACKAGE



SPORTS

COACHING & PERSONAL TRAINING

Two qualified sports instructors, Eric and Laetitia, offer customised training sessions designed for one or two persons.

FITNESS

Sessions may focus on stretching exercises, muscle toning, zen gym or cardiovascular workouts. A customised programme ideal for those seeking to resume a physical activity, hone their skills or train.

AQUAGYM

A workout in a warm water environment (sea or pool), in a state of semi weightlessness. This provides an ideal way to reduce muscle tension and combat stress. Aqua gym gives all the body's muscles a gentle workout, but can also be practised as a more high-impact physical activity.

SESSION 60 MINS

THREE-SESSION PACKAGE

FIVE-SESSION PACKAGE

Private sessions can be booked at the spa reception.



NUCCA ENVIRONMENTAL CODE

INTENTIONALLY: A BOTTLE WITHOUT AN ORGANIC LABEL

NUCCA has intentionally not engaged in an organic certification process, aware that it has limitations due to oversubscription both by brands and by the various certifying organisations. We select the most environmentally responsible raw materials from our local Corsican growers. The remainder is sourced from our network of producers, whose ethics are perfectly in tune with our values.

SCIENTIFICALLY CERTIFIED IN JAPAN

NUCCA has chosen to submit its entire range to analysis in the world's most discerning market. In 2021, the JFRL laboratories in Tokyo scientifically attested that our raw materials are completely free of chemical micro-contamination from the field to the bottle. More than a label, scientific evidence!

A HIGH-PERFORMANCE LABORATORY DEDICATED TO CLEAN BEAUTY

Active and vigilant, we are involved in all production stages of our range, from sourcing to retail of our clean beauty products.

OUR RAW MATERIALS - LIVING MOLECULES

NUCCA's 100% natural cosmetics use only unrefined oils that contain live plant molecules and pigments. The colours, molecules and fragrances of our products can change with the harvest, according to the season and the oil-yielding plants' exposure to sunlight. These differences are inherent to the 100% natural origin of our IQN100© complex. As with a good wine, NUCCA's ingredients are actively enhanced during preparation.

PACKAGING AND TECHNOLOGY: ECO-FRIENDLY FROM EVERY ANGLE

Our entirely recyclable Airless® bottles and opaque tubes protect our products from air and light, thus forming a barrier against contamination, deterioration and oxidation. With an Airless® bottle, wastage is reduced to a minimum: at least 98% of the content is used.

Luxury Clean Beauty, in harmony with nature..

PRACTICAL INFORMATION

At NUCCA Spa, we are dedicated to ensuring relaxation and well-being for our guests and therefore cannot accommodate ringing mobile phones.

Please help us to preserve the tranquillity of our spa by setting your phone to silent mode and deferring your incoming and outgoing calls.

When you arrive directly from the beach, please remember to use the footbaths and outdoor showers located in the gardens, to avoid trailing sand into the Spa's wooden passageways.

Due to regulations relating to COVID 19, please arrive at the specified time for your treatment in order to reduce waiting time in communal areas.

ACCESS TO THE BATHING AREA

The bathing area is strictly for the use of adult hotel and outside customers who have booked treatments.

For hotel customers, free access during opening hours, subject to any restrictions due to COVID 19.

For outside customers, complimentary access for all treatments lasting a minimum of 1 hour, excluding beauty services and subject to any restrictions due to the public health crisis.

Wearing a bath robe is mandatory within the spa area.

LE SPA NUCCA

Tel. + 33 (0)4 95 71 78 10

spa@hotel-calarossa.com / www.hotel-calarossa.com

www.nucca.fr

LATE ARRIVALS AND CANCELLATIONS

If you are late, your treatment will be shortened accordingly, as a courtesy to other customers. However, you will be charged for the full price of the treatment.

In the interest of all of our customers and to ensure the best possible organisation of our services, any appointment cancellations or modifications must be made the day before the original appointment.

For same-day cancellations, if the time slot is not filled by another customer, you will be invoiced in full.

ACCESS FOR THE YOUNG GENERATION

Treatments are available to all customers aged 13 and over.

Teenagers between the ages of 13 and 17 having booked a spa treatment benefit from a complimentary 30 minutes access to the swimming pool, between the hours of 09:30 a.m. and 4:00 p.m. on the day of the treatment.

**OUR OPENING HOURS:
SEVEN DAYS A WEEK FROM 09.30 A.M.
TO 12:30 P.M. AND FROM 3:30 PM TO 8:00 P.M.**

Photos : Roberto Greco. Réalisation : BO 08/2021

PLANT GLOSSARY

APRICOT :

« baracucca » hydrating and regenerating properties.

ALOE VERA :

excellent moisturizer, soothes and restores.

DILL :

diuretic and antispasmodic.

GREEN CLAY :

purifies and detoxifies the skin, re-mineralizing, toning and healing effects.

LAMINARIA ALGAE :

rich in iodine and minerals, slimming and re-mineralizing properties.

MUGWORT - ACCIARICA :

rich in trace elements, fights water retention.

BASIL - BASILICU :

stimulates immunity, « mental tonic », soothes tensions.

ROSEWOOD :

regenerates tissues and has a firming, anti-wrinkle and anti-aging action.

CHESTNUT FLOWER-BUD :

improves venous and lymphatic circulation.

FIG FLOWER-BUD :

stress and sleep regulator.

BORAGE – A FRISGIA A BURRACINE :

heals dry, devitalized, stressed, mature and wrinkled skin, also restores sensitive and irritated skin, soothes atopic dermatitis.

BEESWAX :

suitable for all skins, used through the ages, high level of vitamin A.

CARROT – CAROTTA :

regenerating and complexion-enhancing effect, it gives an instant healthy glow to the skin.

CEDARWOOD :

regenerates and acts as a scalp tonic, stimulates circulation and drains the lymphatic system.

ROCKWEEDS :

blended with « laminaria » : fight cellulite, help slimming while firming and re-mineralizing.

PRICKLY PEAR :

the seed oil extracted from this fig tree is a component of the « Elixir d'exception ».

JUNIPER BERRY – GHIJNEBRU :

diuretic, draining, astringent and purifying.

WITCH HAZEL :

skin soothing and circulatory, it activates microcirculation and firms up the skin.

HELYCHRYSUM - MURZA**or MARELLA - « IMMORTAL » :**

unquestionably Corsica's iconic essential oil. Its amazing properties really make it essential on a day-to-day basis. Our NUCCA by CALA ROSSA treatments use its antioxidant and antiaging properties as well as its anticoagulant benefits. Its name originates from the Greek « helios » for « sun » and « chrysos » for « golden ». Its name « Immortal » or « Everlasting » is a tribute to the flower's long life, even when in a dry bouquet.

JOJOBA :

a wax acting remarkably well on the skin, protecting it from dehydration, fights its ageing process, restores skin's softness and elasticity. Jojoba oil helps smooth and firm the skin.

SHEA BUTTER :

anti-inflammatory and soothing, aids the healing process, prevents allergies, ensures a longer-lasting tan, hydrates and nourishes, strengthen elasticity.

LAVENDER – ASPIC :

calms nerve and joint pains.

LICHEN :

a lichen is a fungus that arises from algae. It grows in environments where no plants can live, i.e. on mountain tops and sea rocks. Lichen occurring in Corsica fights fatigue and has an antibacterial effect.

LIME :

strengthens the nervous system and boosts skin toning. Blended with other plants, it has a real impact on fat cells.

MANDARIN :

skin toner, sebum regulator and antiseptic.

MARJORAM :

soothes, anti-inflammatory and anti-fungal.

LEMON BALM :

soothes, relieves and rebalances the nervous system, very low distillation yield, which makes it very valuable.

CORSICAN MINT – A MINTRASTELLA :

provides a pleasant sensation of freshness, fights against spasms.

MYRTLE - MORTA :

Corsica's iconic and symbolic plant Myrtle essential oil stimulates skin metabolism, acts as a vein and lymphatic decongestant.

NEPETA - CALAMENT NEPETA :

close to marjoram, intellectual stimulus, fights stress and nervousness.

GRAPEFRUIT :

lipolytic properties and anti-cellulite effect.

ROSEMARY - U ROSUMARINU:

skin toner, regenerating, lipolytic, drains the toxic overload.

SAGE - SALVIA :

anti-fungal, stimulates the immune system, regulates excessive sweating and sebum secretion, scalp tonic.

VERBENA :

anti-inflammatory, it stabilizes the nervous system.

YUZU :

is a citrus fruit originating in East Asia but also growing in Corsica. Yuzu promotes relaxation, fights anxiety, fatigue and cellulite.

Yuzu bath : Japanese people float entire citrus fruits into Onsens water to fill it with aromatic citrus scents before bathing in it to relax.

COMBINED BENEFITS

XIV

EXCEPTIONAL ELIXIR

An essential beauty partner with multiple properties. It can be applied alone or in conjunction with any of our other face and body treatments; it restores, moisturises, protects, nourishes, repairs and re-energises, rapidly and visibly smoothing and vitalising the skin. It is just as efficient when combined with creams for skin that is sun-damaged, devitalised or irritated as with sunscreens. It evens skin tone, restores balance and soothes.

116€ 50 ML

XII

INTENSE REGENERATION DAY CREAM

A triple union! Rich in natural vitamins A, B and C, this very comprehensive skincare prevents slackening of the skin. It protects against free radicals and successfully combats premature aging of the epidermis. This multi-action cream very gently moisturises, restores, firms and repairs the skin. It leaves the skin silky smooth without the slightest oiliness in spite of its nourishing composition.

It has the added benefit of containing natural organic hyaluronic acid and a mineral sunscreen.

74€ 50 ML

XIII

INTENSE REGENERATION NIGHT CREAM

A beauty booster. All the benefits of a "sympathetic" and soothing skin cream... It firms up the epidermis, fights against stress and fatigue, energises the cycle of cellular renewal, protects the skin's elasticity and revitalises and restores the tissues. It effectively reduces patches of skin discolouration by limiting their appearance. Formulated to be a true ally, it contains natural vitamin E, omega 3 and natural organic hyaluronic acid.

84€ 50 ML

XV

FACIAL BOOSTER SERUM

A consummate blend! An excellent tissue generator, it firms and plumps up the skin and energizes the face. It leaves your complexion looking rested, radiant and even. Other benefits: it contains natural organic hyaluronic acid with anti-aging and antioxidant properties.

107€ 30 ML

X

SUPREME MOISTURE DAY CREAM

An outstanding cream for repairing and perfecting with an appealing bouquet of ingredients! Chosen with care for maximum efficiency, they combine moisturising, nourishing and soothing properties for a radiant skin that is never oily in spite of the cream's intense hydration. And it has even more advantages: natural organic hyaluronic acid and a mineral sunscreen.

62€ 50 ML

XI

SUPREME MOISTURE NIGHT CREAM

Yuzu, kaffir lime, olive squalane, grape seeds. Cream with a silky texture for intense, lasting overnight hydration. Olive squalane and grape seed oil, rich in antioxidants, restore the hydrolipidic film and fight successfully against free radicals. Yuzu, with a very high vitamin C content, boosts collagen production and combats, with its calming properties, makes this cream soothing and comfortable. The phyto-aromatic formula leaves the skin delicately scented with citrus notes. In the morning, the features are rested, the skin is replenished and the complexion radiant.

69€ 50 ML

XVI

EYE AREA AND LIP SERUM

An active partner for youthful skin! It focuses on the face's most sensitive areas.

Rich in vitamins and minerals, this serum is perfect for addressing the appearance of wrinkles and fine lines. Both preventive and curative, it moisturises and regenerates the delicate tissues around the eyes and lips, making the skin look smooth and refreshed. Containing borage, it also efficiently treats bags and dark shadows under the eyes.

96€ 30 ML

I

CLEANSING LOTION

Actively and thoroughly cleanses the pores. Smooth in texture with antioxidant properties, it moisturises and repairs. Ideally, rinse off with one of the two Nucca eaux.

47€ 90 ML

III

MICELLAR LOTION

An effective and active "strategic" lotion. Thorough cleansing that is also multi-action: anti-inflammatory, softening, moisturising, healing, combats free radicals, prevents dry skin.

44€ 90 ML

II

DOUBLE ACTION PURIFYING CLEANSER

Performance and mildness! Ideal for those who like to cleanse their skin as gently as possible. Rich in natural, antioxidant vitamin E, this cleanser lightly removes all traces of pollution and make-up while protecting the skin's pH balance.

46€ 90 ML

IV

EYE AND LIP MAKE-UP REMOVER

How does it work? A few drops sprinkled on damp cotton wool, and you're ready to remove your make-up. Its beneficial effects are much appreciated by those with sensitive eyes... It removes make-up from the delicate area around the eyes gently and without irritating it. Further benefits: strengthens the lashes, heals chapped lips.

74€ 50 ML

XVIII

HYDRATING MIST

An instant cloud! A spritz of dew on your face in the morning. A spritz during the day for an instant Beauty spray. HYDRATING MIST! The virtues of this pocket-sized magic are countless. A combination of vitamins and minerals enhance the skin's tone and suppleness. And again that spritz that soothes, smooths, firms and remoulds your face. An antidote to age. In short, an essential for your bag or suitcase!

49€ 150 ML

V

MOISTURISING AND REFRESHING EAU DE NUCCA 1

A stimulating, moisturising eau that soothes sensitive and very young skins. Its benefits can be felt when used to rinse the face, either as a refreshing tonic or before applying skincare products to ensure optimum efficiency of creams and serums.

56€ 125 ML

VI

REGENERATING EAU DE NUCCA 2

Fresh and invigorating! More than simply refreshing, this eau regenerates, moisturises, soothes, purifies and has anti-wrinkle properties. Its benefits can be felt when used to rinse the face, either as a refreshing tonic or before applying skincare products to reveal the full quality of the creams and serums.

58€ 125 ML

VII

FACIAL EXFOLIATOR

Rich in natural vitamin E, it moisturises, refines, softens and removes dead skin cells. Its gentle formula means it can be used as often as wanted.

66€ 100 ML

XX

NUCCA I MOISTURISING MASK

Time for a fresh boost! This excellent moisturising mask nourishes and envelopes. With its combination of vitamins and minerals it tones the epidermis, making it smooth and supple, and invigorates the eye area. Another plus: its healing properties.

69€ 50 ML

XXI

NUCCA II DETOX MASK

Time for a detox. Still gentle but with more power, this mask helps eliminate toxins and protects the skin from free radicals. With its purifying and firming properties your skin is replenished and ready for your skincare product.

67€ 50 ML

IX

EXTRAORDINARY CREAM

A 'strategic' travel companion, this cream is ideally formulated for the face and body, and perfect for day or night. The rich texture is suitable for all skin types. An array of active ingredients give it numerous properties: Shea butter provides deep hydration. Aloe vera and pomegranate work effectively together for intense regeneration. Apricot restores tone and radiance to the skin, while the lightness of hazelnut oil—a natural source of vitamin E—provides a supple and silky finish. A touch of helichrysum, known for its antioxidant and healing properties, rounds out this winning formula. This extraordinary cream definitely lives up to its name!

54€ 100 ML

XXIV

SOOTHING BODY LOTION

All-enveloping softness... This nourishing cream with antioxidant properties helps cellular regeneration. Its ingredients include aloe vera to calm sensitive skin. Like the rich body cream, you can dress immediately after application.

58€ 200 ML

XXV

RICH BODY CREAM

Silkiness and radiance! An unctuous, wonderfully moisturising cream with anti-aging properties. As pleasant to apply as it is flattering for the skin, it smoothes and firms. It offers superb hydration without leaving the skin oily, so you can dress immediately after application.

76€ 200 ML

XXVI

SHAPING AND ENERGISING FLUID

A saviour! This ultra-penetrating fluid is a precious ally in fighting fatty tissue. Double beneficial action: also acts on the capillary walls by improving circulation and helps the skin become smooth and firm again.

69€ 200 ML

VIII

EXFOLIATING BODY CREAM

For smooth skin – and more! In addition to exfoliating, when emulsified with a little water this cream is also a cleanser, thanks to a formula containing saponaria, also known as soapwort. So in addition to its exfoliating qualities, this is a two-in-one cream that protects the skin's pH balance.

79€ 200 ML

XXXI

FOOT CREAM

Each one is specifically designed for the job! The hand cream is antibacterial and the foot cream is antifungal and antiperspirant.

39€ 90 ML

XXX

HAND CREAM

Each one is specifically designed for the job! The hand cream is antibacterial and the foot cream is antifungal and antiperspirant.

37€ 90 ML

XXVIII

REFRESHING LEG GEL WITH 3 MINTS

The oasis effect! A single application instantly relieves, relaxes and refreshes tired legs. Also effectively combats poor circulation and improves microcirculation.

69€ 125 ML

XXIX

TONING LEG OIL

An all day long ally... Apply on its own to dry legs, or after a shower to slightly damp skin, and at any other moment in conjunction with one of our body creams. Action: an oil that penetrates very easily without leaving a greasy film; makes the skin lightly silky. Benefit: purifies and reduces puffiness. Very effective against water retention and poor blood circulation.

79€ 50 ML

TRAVEL CASE

With this pretty travel kit, Corsican flora is now blossoming in the world's most beautiful bathrooms!

- 1 Moisturising Day Cream Outstanding repairing and perfecting cream
- 1 Regenerating Night Cream Beauty booster, with all the benefits of a gentle, soothing skin cream
- 1 Micellar Lotion: Effective and active "strategic" lotion
- 1 Eye Area and Lip Serum: Anti-ageing properties, focusing on the face's most sensitive areas.
- 1 Soothing Body Lotion: Silky-smooth nourishing and antioxidant lotion that encourages cell regeneration.

A small selection of NUCCA essentials containing an effective blend of pure, active ingredients, subtly scented with the fragrances of the Corsican maquis.

Also ideal for sensitive skins.

99€ 5 X 15ML

HAND SOAP

A restorative soap that takes us on an olfactory journey reflecting the spirit of the Corsican maquis, teeming with native plants and wild flowers. Very soft and gently scented, this creamy gel has been specially designed to make sensitive hands look beautiful. Its sophisticated formula combines the properties of moisturising and healing aloe vera with sweet almond oil, a remarkable ally for softening the epidermis and encouraging cell regeneration. On contact with water this soap turns into a light foam with a relaxing scent. This beauty routine for the hands can be used as often as you want, and leaves a delicate fragrance on the skin.

39€ 500ML

XXIII SHAMPOO AND SHOWER EMULSION

Effective and a joy to use. A "two in one" product for thorough hydration and cleansing. An excellent hair volumiser, it also protects the skin's pH balance.

56€ 200 ML

CONDITIONER

A hyper-moisturising and regenerating conditioning cream, enriched with extracts of shea butter, aloe vera and olive, for hair that is supple, shiny and revitalized from root to tip. Regularly applied, it helps restore and restructure damaged hair by strengthening the follicles and restoring vitality and volume. Including an active cocktail of 3 essential oils, ylang-ylang, raspberry and lemon balm, this treatment helps regulate sebum production and provides protection against damage from heat and pollution. This plant-based conditioner gives hair a real boost.

35€ 250 ML

XXXV

MORNING SUN

Supremely gentle! Containing only natural mineral sunscreen, this cream offers perfect protection. Formulated to be applied to the body and face all year round if necessary, it is doubly beneficial thanks to two ingredients: safflower oil with a high Omega 6 content and natural hyaluronic acid. Use: as it penetrates easily, just a small dab is enough for the face and avoids white streaks.

84€ 100 ML

XXXVI

MIDDAY SUN

Perfect protection! A choice combination of minerals and natural sunscreens, this cream offers total protection. With the same properties as Morning Sun, it offers similar nourishing, antioxidant and regenerating qualities. Use: formulated to be applied to the body and face all year round if necessary, it penetrates easily. A small dab is enough for the face and avoids white streaks.

89€ 100 ML

XXXVII

MIDNIGHT SUN

This restorative skin perfecter is a true beauty ally! It provides indispensable benefits to the epidermis after exposure to the sun. Formulated to be regenerative, moisturising, soothing and smoothing, it keeps your suntan looking radiant for longer. It penetrates easily and leaves a non-oily film on the skin. The end result is comfort and a superbly tanned complexion.

69€ 100 ML

XXXIV

SUN OIL FIG

This queen of oils is not only seductive, but also gentle and smoothing. It is an all-round winner. Effective on all fronts, it delicately puts its eight high quality ingredients to work. Sometimes to accelerate, deepen, perfect and prolong a tan. Sometimes, on the contrary, to soothe, repair, nourish, regenerate and boost. The reward is toned skin and an enhanced tan. Not to mention the generous dominant notes of fig, which gives it its name and sensual fragrance.

70€ 100 ML

XL

ORGANIC BEVERAGE RELAXATION

A clever blend of apple, linden, sweet orange and lemon balm combined with remarkable celery it has an unparalleled relaxing effect. Ideal during the day and an excellent prelude to a peaceful night's sleep.

83€ 100 ML

XLI

ORGANIC BEVERAGE DETOX

With a strategic blend of recognised active ingredients such as lemon, pineapple, rosemary and juniper, as well as nettle and meadowsweet, it has a tonic, alleviating effect. Its purifying and invigorating qualities can be felt from the first sips..

83€ 100 ML

XLII

ORGANIC BEVERAGE SLIMMING

A powerful combination of blackcurrant, pineapple, parsley and lemon gently energised with ginger and artichoke, it provides a sensation of agility and wellbeing. Its astringent power is particularly appealing.

86€ 100 ML

XLIII

ORGANIC BEVERAGE CIRCULATION

A lively blend dominated by fruit in a fusion of blackcurrant, apple, sweet lime, parsley and lemon, it offers a welcome sensation of lightness and rejuvenation. Liberating and thirst-quenching.

89€ 100 ML

THE 7 ESSENTIAL NEW SERUMSNUCCA EXCEPTIONAL TREATMENTS.

SERUM 1

IMPURITIES

A cocktail of highly concentrated and skilfully blended active ingredients, this anti-bacterial treatment penetrates deep into the pores, and treats and prevents the reappearance of blemishes while reducing shine. It boosts the production of coenzyme A, purifies the epidermis and accelerates healing. Sage effectively regulates sebum secretion. The combination of Spike Lavender and Chaulmoogra Oil gently repairs sensitive skin. Non-drying, rebalancing serum, for a visibly refined skin texture.

10 ML

SERUM 2

OPEN PORES

This alchemy of highly concentrated purifying active ingredients prevents and eliminates blackheads and dilated pores. It refines the skin texture, regulating sebum production and reducing shine. The antiseptic virtues of red thyme and sweet orange together with the strong soothing and anti-inflammatory power of Litsea Cubeba offer an outstanding natural means of refining the texture of the skin. Apply to the T-zone (forehead, nose, chin) and the U-zone (lower chin, contours). A rebalancing, non-drying serum for a pure, even complexion.

10 ML

SERUM 3

WRINKLES AND FINE LINES

With concentrated active ingredients to boost and repair, this treatment corrects and prevents the signs of time. Wrinkles and fine lines are significantly reduced thanks to the combined action of cinnamosma and carrot. The combination of rosemary and hops increases the skin's tonus and elasticity. Restructuring serum for a visibly firmer epidermis and a guaranteed replenished effect.

10 ML

SERUM 4

BROWN SPOTS

Harmoniously balanced active ingredients to fight uneven pigmentation and prevent their appearance on the face, neckline and back of the hands. This combination of plants restricts the enzyme responsible for the overproduction of melanin and regulates its distribution in the epidermis. Parsley and white lily curb hyper-pigmentation, while musk rose combined with benzoin regenerates mature skin. This serum with a smooth, crystalline texture penetrates instantly and deeply. Ideally used as a 3-month routine for the best result. A lightening and regenerating serum for flawless skin.

10 ML

SERUM 5

REDNESS

A highly sophisticated blend of plants, this serum with powerful anti-inflammatory ingredients protects and strengthens the elasticity of the capillary walls. It boosts collagen fibres, restores suppleness and softness to the epidermis and reduces the sensation of heat. It reduces unsightly superficial blood veins in the legs and ankles. It repairs the protective hydrolipid film and shields the skin from external aggressors. The combined action of camomile, red thyme and myrrh soothes inflammation, while amyris and palmarosa regulate micro-circulation. High-performance serum for an even, radiant complexion.

10 ML

SERUM 6

SLACKENED SKIN

An antioxidant shield, this serum moisturises, reduces wrinkles, tightens pores and restores skin tone and elasticity. Packed with revitalising ingredients, it stimulates the fibroblasts and boosts cell oxygenation and renewal. Angelica promotes synthesis of collagen and elastin. Rosemary, a powerful skin regenerator, flushes out toxins. The blend of saro and crimson beebalm erases the signs of time. A serum that revitalises the vital functions of the epidermis and gives it an instant, anti-ageing lift, for radiant, replenished skin.

10 ML

SERUM 7

OXIDATIVE STRESS

A rich assortment of natural and powerful active ingredients, providing ultra-protective and purifying skin care. This instantly effective treatment strengthens the skin's resistance to external (UV rays, blue light, pollution) and internal (oxidative stress) aggressors. It boosts hydration and restores the elasticity and radiance of the complexion. The combined action of peppermint and lantana soothes the epidermis, while niaouli and cajuput energise sensitive skin. Re-energising serum to restore the pH balance of chronically sensitive skin.

10 ML

ATMOSPHERE

FIG-SCENTED CANDLE

a perfectly balanced fragrance combining the subtle scents of sap with contrasting green notes of fig, enhanced by the woody perfume of cedar, smooth grassy aromas of angelica and a hint of salty samphire. A delicate blend evoking a Mediterranean garden after light summer rain..

58€ 180 GR

Nos produits sont également disponibles sur www.nucca.fr.



LE SPA
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WWW.NUCCA.FR



LE SPA
NUCCA

FACE CARE

FULL FACIALS

| | | |
|--|--------------|-------------|
| ULTIMATE PURIFYING AND REVITALISING FACIAL | 60 / 90 MINS | 130 / 185 € |
| ULTIMATE HYDRATING AND NOURISHING FACIAL | 60 / 90 MINS | 130 / 185 € |
| ULTIMATE SOOTHING FACIAL | 60 MINS | 130 € |
| FACIAL FOR MEN | 60 MINS | 130 € |
| ULTIMATE REGENERATING FACIAL | 75 / 90 MINS | 160 / 190 € |
| TAILORED KOBIDO FACIAL | 60 MINS | 130 € |
| PACKAGE 5 KOBIDO FACIALS | 5 x 60 MINS | 575 € |
| EXCELLENCE BY NUCCA FACIAL New 2021 | 90 MINS | 190 € |
| REFRESHING "TENDER AGE" FACIAL – FOR AGE 13-17 | 50 MINS | 95 € |

SIGNATURE FACIALS AND BODY TREATMENTS

| | | |
|---|---------|-------|
| THE NUCCA DUO | 60 MINS | 130 € |
| ULTIMATE FIRMING AND ANTI-AGEING FACIAL | 60 MINS | 130 € |
| ULTIMATE RE-BOOST FACIAL BY NUCCA New 2021 | 60 MINS | 130 € |

EXFOLIATING BODY RITUAL

| | | |
|---|-------------|-------|
| BODY SCRUB | 45 MINS | 100 € |
| EXFOLIATION AND AFTER-SUN ENHANCEMENT | 45 MINS | 100 € |
| TONING AND REVITALISING CHEST TREATMENT | 50 MINS | 100 € |
| PACKAGE 3 CHEST TREATMENTS | 3 x 50 MINS | 265 € |

BODY TREATMENTS

| | | |
|--|----------|-------|
| HYDROTHERAPIE | 30 MINS | 60 € |
| Hydrotherapy goes best with a body wrap or massage. | | |
| EXTRA CHARGE FOR BODY WRAP | +30 MINS | +60 € |
| Only as a supplement to a 1 hr NUCCA massage, hydrotherapy or exfoliation treatment. | | |

SIGNATURE MESSAGES AND BODY TREATMENTS

CUSTOMISED MESSAGES

| | | |
|--|----------|-------|
| RELAXATION AND ANTI-STRESS | 60 MINS | 130 € |
| DETOX | 60 MINS | 130 € |
| CIRCULATION | 60 MINS | 130 € |
| SLIMMING | 60 MINS | 130 € |
| <i>EXTRA CHARGE FOR CRANIAL AND FACE MASSAGE</i> | +30 MINS | +60 € |
| <i>EXTRA CHARGE FOR BODY WRAP</i> | +30 MINS | +60 € |
| <i>EXTRA CHARGE FOR EXFOLIATING SCRUB</i> | +30 MINS | +60 € |
| | | |
| STAR MESSAGE | 60 MINS | 130 € |
| FULL BACK BODY MESSAGE | 45 MINS | 100 € |
| LEG REJUVENATOR | 45 MINS | 100 € |
| PRENATAL TREATMENT-MESSAGE | 60 MINS | 130 € |
| SOKUSHINDO BY NUCCA <small>New 2021</small> | 60 MINS | 130 € |

OTHER SPECIFIC THERAPIES AND MESSAGES

External specialists, by appointment only

| | | |
|---------------------|--|-------|
| VACUODERMIE | Thursdays from 3:30 p.m. to 8 p.m. | |
| BODY | 50 MINS | 115 € |
| FACE AND BODY | 80 MINS | 155 € |
| | | |
| AMMA ALLONGE | Wednesdays from 3:30 p.m. to 10 p.m. (Evening) | |
| MESSAGE | 60 MINS | 120 € |
| | | |
| OSTEOPATHY | On request at the spa reception | |
| CONSULTATION | | 130 € |

With some of our team members, with prior booking

| | | |
|--------------------------|---------|-------|
| AYURVEDIC MESSAGE | | |
| MESSAGE | 60 MINS | 130 € |

NUCCA INTERLUDES New 2021

Every day of the week between 09:30 a.m. and 4 p.m. Package: treatments to be performed successively

AQUA INTERLUDES

| | | |
|-----------------------------------|---------|-------|
| GENTLE RELAXATION INTERLUDE | 60 MINS | 115 € |
| ENERGISING INTERLUDE | 2H00 | 230 € |
| SEASIDE INTERLUDE | 2H30 | 280 € |

EXCLUSIVE INTERLUDES

| | | |
|---------------------------|------|-------|
| DOWNTIME INTERLUDE | 2H00 | 230 € |
| JAPANESE INTERLUDE | 2H00 | 230 € |
| SOVEREIGN INTERLUDE | 2H30 | 280 € |

Specially designed for our young generation.

| | | |
|--------------------------|---------|-------|
| MY FIRST INTERLUDE | 90 MINS | 160 € |
|--------------------------|---------|-------|

NUCCA ESCAPADES

Monday to Saturday between 09:30 a.m. and 4 p.m. Package: treatments to be performed successively.

Specially designed for our external clientele

| | | |
|------------------------------|----------|-------|
| MORNING ESCAPADE | Morning | 150 € |
| TOTAL RELEASE ESCAPADE | Half-day | 185 € |

WAXING

WOMEN

| | |
|----------------------------|------|
| EYEBROWS / UPPER LIP | 25 € |
| UNDERARMS | 30 € |
| ARMS | 35 € |
| BIKINI LINE | 30 € |
| BRAZILIAN STRIP | 40 € |
| FULL BRAZILIAN | 55 € |
| HALF-LEG | 40 € |
| FULL-LEG | 55 € |

MEN

| | |
|-----------------------|------|
| EYEBROWS / EARS | 25 € |
| UNDERARMS | 35 € |
| ARMS / HALF-LEG | 45 € |
| FULL-LEG | 65 € |
| BACK AND CHEST | 75 € |

FULL MANICURE AND PEDICURE

EXPRESS MANICURE BY NUCCA

| | | |
|--|---------|-------|
| HANDS OR FEET WITH NAIL LACQUER APPLICATION | 45 MINS | 75 € |
| HANDS AND FEET WITHOUT NAIL LACQUER APPLICATION | 60 MINS | 100 € |

FULL MANICURE AND PEDICURE BY NUCCA

| | | |
|-------------------------------------|---------|------|
| FULL TREATMENT | 45 MINS | 75 € |
| WITH NAIL LACQUER APPLICATION | 60 MINS | 95 € |

MEDICAL PEDICURE

Thursdays from 9:30 a.m. to 1 p.m.

| | | |
|--------------------|--|------|
| CONSULTATION | | 95 € |
|--------------------|--|------|

HAIR SALON

Open from Monday to Saturday. By appointment only

WOMEN'S SERVICES

| | | |
|--|--|------------|
| WASH AND BLOW DRY, SHORT / MID-LENGTH HAIR | | 55/60 € |
| WASH AND BLOW DRY, LONG / VERY LONG HAIR | | 70/85 € |
| TRIM | | 40 € |
| CUT | | 60 € |
| GIRLS (UNDER 13) | | 40 € |
| NATURAL STYLING | | 30 € |
| ADDITIONAL CHARGE CONDITIONER | | 10 € |
| ADDITIONAL CHARGE MASK | | 20 € |
| WEDDING PACKAGE | | On request |

TECHNIQUE AND COLOUR APPLICATION BY VÉGÉTALEMENT PROVENCE*

Végétement Provence has formulated a health-friendly, plant-based solution. Thanks to this oleic innovation, ammoniac, preservatives and petrochemical ingredients can be dispensed with.

| | | |
|------------------------------|--|-----------|
| COLOUR | | 50/70 € |
| ROOT STRETCH OR PATINA | | 25 € |
| HIGHLIGHTS | | 100/130 € |
| COLOUR AND HIGHLIGHTS* | | 150/200 € |

* Prices may vary according to hair thickness and do not include styling.

CUT AND STYLE MEN

| | |
|---|---------|
| MEN'S CUT | 50 € |
| YOUNG CLIENT (UNDER 13) | 35 € |
| BEARD TRIM USING V.P.'S BARBER'S CONCEPT | 30/60 € |

V.P.'s barber's concept* is a range of two-in-one treatments for a soft, silky and healthy beard on smooth, soothed and revitalised skin. Innovation award at the Mondial de la Coiffure fair in Paris

HAIR CARE BY LEONOR GREYL

Leonor Greyl selects the finest natural ingredients to create specific, premium treatments for your hair. Its unique philosophy combines innovation, effectiveness and sensory experiences, for exceptional results.

LONG TREATMENTS

Iconic Wheat Germ Treatment. Moisturising Treatment.

| | | |
|------------------------------------|------------|-----------|
| SHORT HAIR / MID-LENGTH HAIR | 45 MINS | 100/120 € |
| LONG HAIR / VERY LONG HAIR | 45/60 MINS | 140/155 € |

Hair care for men

| | | |
|------------------------------|---------|----------|
| SHORT HAIR / LONG HAIR | 45 MINS | 95/110 € |
|------------------------------|---------|----------|

Package 3 exclusive treatments

| | | |
|------------------------------------|---------------------------|-----------|
| SHORT HAIR / MID-LENGTH HAIR | 3 x 45 MINS | 270/325 € |
| LONG HAIR / VERY LONG HAIR | 3 x 45 MINS / 3 x 60 MINS | 275/420 € |

Package 3 treatments for men

| | | |
|------------------------------|-------------|-----------|
| SHORT HAIR / LONG HAIR | 3 x 45 MINS | 255/300 € |
|------------------------------|-------------|-----------|

MINI TREATMENTS FROM LEONOR GREYL

| | | |
|------------------------------|---------|---------|
| SHORT HAIR / LONG HAIR | 20 MINS | 35/55 € |
|------------------------------|---------|---------|

Package 3 mini treatments

| | | |
|------------------------------|-------------|----------|
| SHORT HAIR / LONG HAIR | 3 x 20 MINS | 90/145 € |
|------------------------------|-------------|----------|

HAIR CARE BY VÉGÉTALEMENT PROVENCE

A leading name in alternative cosmetics, Végétalement Provence specialises in hair beauty. It is a natural choice for those who wish to combine health, beauty, technical sophistication and ethics.

HAIR SPA TREATMENT

| | | |
|------------------------------|---------|---------|
| SHORT HAIR / LONG HAIR | 30 MINS | 45/65 € |
|------------------------------|---------|---------|

PLANT KERATIN TREATMENT

| | | |
|------------------------------|---------|---------|
| SHORT HAIR / LONG HAIR | 50 MINS | 75/95 € |
|------------------------------|---------|---------|

YOGA*

| | | |
|-----------------------------|-------------|-------|
| ONE SESSION | 60 MINS | 95 € |
| THREE-SESSION PACKAGE | 3 x 60 MINS | 250 € |
| FIVE-SESSION PACKAGE | 5 x 60 MINS | 380 € |

*Les prix s'entendent pour une séance en Solo ou en Duo. Au delà de 2 personnes, veuillez compter +50% du prix pour la 3ème personne et +100% du prix pour 4 personnes .

FITNESS & AQUAGYM*

| | | |
|-----------------------------|-------------|-------|
| ONE SESSION | 60 MINS | 95 € |
| THREE-SESSION PACKAGE | 3 x 60 MINS | 250 € |
| FIVE-SESSION PACKAGE | 5 x 60 MINS | 380 € |

*Private sessions can be booked at the Spa reception.

Prices quoted are for one session for one or two people.

For more than 2 people, please add +50% of the price for the third person and +100% of the price for 4 people.

PRACTICAL INFORMATIONS

At NUCCA Spa, we are dedicated to ensuring relaxation and well-being for our guests and therefore cannot accommodate ringing mobile phones. Please help us to preserve the tranquillity of our spa by setting your phone to silent mode and deferring your incoming and outgoing calls.

When you arrive directly from the beach, please remember to use the footbaths and outdoor showers located in the gardens, to avoid trailing sand into the Spa's wooden passageways.

Due to regulations relating to COVID 19, please arrive at the specified time for your treatment in order to reduce waiting time in communal areas.

ACCESS TO THE BATHING AREA

The bathing area is strictly for the use of adult hotel and outside customers who have booked treatments. For hotel customers, free access during opening hours, subject to any restrictions due to COVID 19. For outside customers, complimentary access for all treatments lasting a minimum of 1 hour, excluding beauty services and subject to any restrictions due to the public health crisis. Wearing a bath robe is mandatory within the spa area.

LATE ARRIVALS AND CANCELLATIONS

If you are late, your treatment will be shortened accordingly, as a courtesy to other customers. However, you will be charged for the full price of the treatment. In the interest of all of our customers and to ensure the best possible organisation of our services, any appointment cancellations or modifications must be made the day before the original appointment. For same-day cancellations, if the time slot is not filled by another customer, you will be invoiced in full.

ACCESS FOR THE YOUNG GENERATION

Treatments are available to all customers aged 13 and over. Teenagers between the ages of 13 and 17 having booked a spa treatment benefit from a complimentary 30 minutes access to the swimming pool, between the hours of 09:30 a.m. and 4:00 p.m. on the day of the treatment.

OUR OPENING HOURS:

**SEVEN DAYS A WEEK FROM 09.30 A.M. TO 12:30 P.M.
AND FROM 3:30 PM TO 8:00 P.M.**

+33 (0)4 95 71 78 10 - spa@hotel-calarossa.com

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