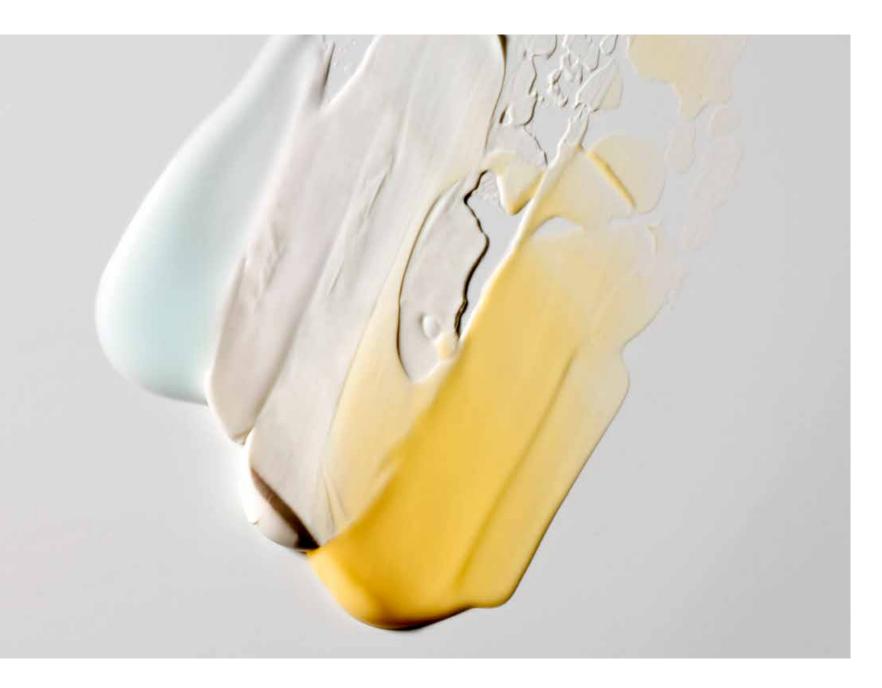
# nucca

## THE SPA





## AN EXCEPTIONAL SENSORY JOURNEY INTO THE HEART OF THE CORSICAN MAQUIS

For us, the idea of sharing the island's extraordinary wealth of flora was an obvious choice. For you, we gathered a cornucopia of plants from the most untouched and well-preserved parts of our island. Our NUCCA Line, developed in perfect synergy with nature and in absolute harmony with the environment, offers you exclusive skin care products and treatments. NUCCA is an all-natural, complete and effective range offering the benefits of rare active ingredients derived from more than 100 Corsican plants and revitalising minerals. Each ritual is personalised with essential oils applied using the palms of the hands and a beverage made of plant extracts selected to complement your treatment.

Created with extreme attention to detail, the NUCCA protocols are based on specific manual application methods developed in collaboration with an experienced therapist particularly passionate about the world of spas.

Our "homemade" brand takes you on a spectacular olfactory journey enhanced with revitalising and soothing sensory interludes.

Hélène and Lise Canarelli



# N

The 100% natural NUCCA cosmetic range is sold in the spa at the Grand Hôtel du Cala Rossa, at the Domaine de Murtoli and in our online store www.nucca.fr.

In natural cosmetology, the oils used are unrefined, and contain live plant molecules and pigments.

The colour palette of ingredients used in making our products goes from white to red, through green, yellow and orange.

This superb spectrum of colours can develop differently from one batch to another depending on where the plants are picked and the temperatures experienced during growth.

The molecules also develop according to the season, the growing environment of the oleaginous plants and sunshine. Any small changes in colour and smell that appear over time are evidence of the quality of the ingredients used, and in no way reflect deterioration of the product. In fact, quite the contrary.





# FACE CARE

TALL OUR FACIALS ARE PERSONALISED AND COMBINE AESTHETIC EXPERTISE WITH HIGHLY CONCENTRATED PRODUCTS.

#### ULTIMATE HYDRATING AND NOURISHING FACIAL

This traditional facial is ideal for dry skin, with an application of lime blossom and pêche de vigne hydrolat, and restores radiance to the complexion. The treatment is based on a rose, sweet clover and apricot concentrate - a burst of vitamins for the skin. A mask made with honey, shea butter and apricot soothes the epidermis. The skin looks visibly younger, deeply hydrated and full of vital energy.

TREATMENT 1 HOUR - €155 WITH EXTENDED FACIAL MASSAGE AND NECKLINE TREATMENT: 1 HOUR 30 MINUTES - €210

#### ULTIMATE SOOTHING FACIAL

Perfect for fragile, sensitive skins, this traditional treatment balances the complexion with an application of lime blossom and sweet clover hudrolat. The treatment is based on a blackcurrant, rose and raspberry concentrate, an energising cocktail that helps optimise microcirculation. The epidermis is soothed by the application of an anti-stress gel containing blue chamomile and lemon balm. Designed to reduce sensations of heat and attenuate redness.

TREATMENT 1 HOUR - €155

## ULTIMATE PURIFYING AND REVITALISING FACIAL

This traditional facial is ideal for oily and combination skin. An application of bamboo and elderberry hydrolat restores freshness to the complexion. The facial uses a preparation of lemon and sweet briar extracts, a vitaminrich cocktail of fruit and flowers that treats and purifies the skin, if necessary, with a special treatment to target skin imperfections. The facial includes a mask made with verbena, yuzu and sweet lime, which protects the skin from free radicals and restores radiance and glow.

TREATMENT 1 HOUR - €155 INCLUDING NECKLINE AND BACK: 1 HOUR 30 MINUTES - €210

#### FACIAL FOR MEN

A hydrating or regenerating facial that repairs irritation caused by shaving. A foaming plant-based gel is applied to eliminate all traces of pollution while purifying and destressing the skin. A blend of apricot and aniseed gently exfoliates, restoring softness and tone to the skin.

TREATMENT 1 HOUR - €155 SPA TIP: SHAVE THE DAY BEFORE YOUR TREATMENT.

#### ULTIMATE REGENERATING FACIAL

This traditional facial brings freshness and firming action with an application of helichrysum and dill hydrolat. The treatment is based on a carrot, mango and angelica concentrate - a regenerating cocktail for the skin. A firming mask made with meadowsweet, silicon and trace elements leaves the epidermis visibly lifted. Signs of fatique fade away, the skin is supple and radiant once again. A special treatment is also available to target wrinkles and fine lines.

TREATMENT 1 HOUR 15 MINUTES - €195 INCLUDING NECKLINE: 1 HOUR 30 MINUTES - €215

#### TAILORED KOBIDO FACIAL

An ancient Japanese beauty ritual, Kobido is a truly natural facelift. The massage techniques target the meridians and acupuncture points. This treatment helps rebalance the flow of energy in the face and neck. It fights sagging skin and increases skin elasticity.

TREATMENT 1 HOUR - €155 FIVE-SESSION PACKAGE - €725 SPA TIP FOR MEN: SHAVE THE DAY BEFORE YOUR TREATMENT.

Chamomile. TREATMENT 1 HOUR 15 MINUTES - €195

This ritual was specially designed for young, delicate skin. A deep cleanse with micellar water containing aloe vera and lemon balm and an almond-blossom scrub leaves the skin smooth and glowing. A sage and lavender mask purifies and evens out skin texture, followed by a light, complexion-enhancing balm with yuzu and kaffir lime.

FOR 13-17 YEARS-OLD

#### EXCELLENCE BY NUCCA FACIAL

A marvellous combination of an express radiance-energy facial followed by a centuries-old Japanese KOBIDO beauty ritual. This facial thoroughly relaxes the face. A combination of highly effective natural active ingredients including our new serum for slackened skin, a concentrate increasing the longevity of skin cells, restores radiance and suppleness to the skin.

Choice of express facial amongst:

CALA ROSSA "Energy - Healthy glow", made with Lemon Balm and

MAQUIS "Vitality - Purity" with Sage and Lavender. BORD DE MER "Boosting" with Aloe vera and Honey. CASTAGNICCIA "Toning", witch Hazel and Chestnut

### **"TENDER AGE" REFRESHING FACIAL**

TREATMENT 45 MINUTES - €120



# SIGNATURE FACIALS AND BODY TREATMENTS

BEAUTY EXPERTISE AND HIGHLY CONCENTRATED PRODUCTS.

#### THE NUCCA DUO

To pamper your face, body and senses... Recover radiance, relaxation and lightness by composing your own tandem of treatments according to your desires, among the following choices: TOTAL DURATION OF TREATMENT 1 HOUR - €155

#### RADIANCE-ENERGY EXPRESS FACIAL 30 MINS

Healthy glow, regenerating, moisturizing, invigorating, soothing, nourishing... A tailor-made facial treatment for an instant radiance boost.

#### CRANIAL MASSAGE 30 MINS

This capillary massage relaxes the cranial area where tension and emotional stress accumulate most. It facilitates relaxation and contributes to better quality sleep. The energising cedarwood and sage lotion also contributes to improving micro-circulation and stimulates hair growth. A face, neck and shoulder massage rounds off this relaxing interlude.

#### BACK RELAXER 30 MINS

Targeting the neck, shoulders and back where stressinduced tension accumulates, this treatment uses mugwort, wild thyme and sage to effectively relieve stiffness. Heat-therapy pillows are used with deep massage for an instant sensation of well-being and total release.

#### SOS LIGHT LEGS 30 MINS

A circulatory and draining massage, combined with Cedar-Niaouli leg oil, to relieve heavy, tired legs. A breath of fresh air sweeps through, restoring comfort and lightness.

#### ULTIMATE FIRMING AND ANTI-AGEING TREATMENT

This is the ultimate tissue regenerating and firming treatment. It includes a body wrap made with hibiscus, camellia and cherry (hibiscus for its antioxidant properties, cherry for its regenerative properties and camellia which protects against skin ageing). During the body-wrap rest time, an express facial treatment is given using an almond-blossom exfoliating cream for a radiant complexion, in addition to a "Terre du Maquis" mask composed of myrtle, with smoothing and softening properties, rosemary, a precious partner for cell regeneration, and sweet lime, a superb toner for the skin. The Elixir completes this beauty-boosting treatment for the face and body. This is the flagship product of the Nucca range, exceptionally formulated (with prickly pear, rosehip, Mysore sandalwood, tamanu, ylang-ylang, and more) to moisturise, nourish, protect, boost and restore the epidermis.

TREATMENT 1 HOUR - €155

#### **RE-BOOST TREATMENT BY NUCCA**

Targeting the legs, face and trapezius muscles, where all the tension of travel is concentrated, this treatment has been specifically designed to eliminate all traces of fatigue. The result is a truly fresh and light sensation from head to toe! A circulatory and draining leg massage with cedarwood-niaouli oil is followed by a relaxing neck and shoulder massage with yuzu and combava balm, helping you to completely relax. Particular attention is paid to the eye area during the face booster treatment, with an eye mask with cornflower hydrolat combined with the active ingredients of two revitalising and radiance-enhancing serums. The Three Mint leg gel is applied to complete this unique treatment for the ultimate finishing touch.

Ideal to counter jet lag and the sensation of being out of sync (that brief transitional period between stress and holidays),

it is also a perfect antidote to a long night of partying!

TREATMENT 1 HOUR - €155





# NUCCA SPECIAL BODY TREATMENTS

#### **BODY SCRUB**

Made of apricot kernels, beeswax and saponaria, this gentle scrub eliminates dead cells, impurities and toxins. An ideal way to maintain skin elasticity, It leaves the skin satin-smooth and boosts the effectiveness of treatments associated.

To enhance this treatment, you will be offered an application of the aloe vera, lavender and shea butter Body Lotion with moisturising and soothing properties.

For a regenerative treatment, the Rich Body Cream with jojoba, olive and linden combined with a palmarosa and camellia oil complex, rich in fatty acid, provides antiageing properties.

To stimulate, reveal and prolong the radiance of the tan, the application of the cocktail made with a serum based on Sea Buckthorn oil, very rich in anti-oxidants, Tomato seed oil for a healthy glow, and Aloe Vera for a perfect hydration.

TREATMENT 45 MINS - €120 WITH BODY - WRAP 1H15 MINS- €190

#### **BODY WRAPS**

Our plant-based body wraps, with smooth and lightly scented preparations containing clay, seaweed or volcanic mud, provide detoxifying, softening, relaxing and slimming benefits for the skin.

#### RELAXATION AND ANTI-STRESS

Maquis plant extracts (myrrh, sage, lentisk and pistacia) Seaside plants extracts (algae, litsea and samphire) Plant extracts from Cala Rossa's garden (marjoram, lavender and thyme)

#### DETOX AND DRAINING

Rosemary and juniper berry extracts. SLIMMING Thuja and grapefruit extracts. CIRCULATION

Niaouli, mint and cypress extracts.

TREATMENT 30 MINS ONLY AS A SUPPLEMENT TO A BODY SCRUB.

#### LEG REJUVENATOR

Restores a sensation of lightness to the legs thanks to a verbena-yuzu mask followed by a massage with cedarwood-niaouli toning oil, which is a powerful venous decongestant. For the ultimate finishing touch, the refreshing leg gel containing three types of mint (catmint, peppermint and wild mint) brings a feeling of utter freshness.

TREATMENT 45 MINS - €120

#### SOKUSHINDO BY NUCCA

A veritable ritual, this treatment is sure to appeal to foot massage fans!

The treatment starts with a purifying grapefruit and lavender soak followed by a sea salt scrub and a refreshing verbena and yuzu mask. A traditional Japanese foot massage is then given using a patchouli, sage, tamanu, cajuput and Atlas cedarwood complex for deep hydration and to stimulate circulation.

This treatment combining pressure, stretching, strokes, movement and petrissage helps to relax nervous and bodily tension. It stimulates the reflex zones and deeply relaxes the entire body. It helps to oxygenate the feet and improve circulation, leading to better general mobility.

TREATMENT 1 HOUR - €145





# NUCCA SIGNATURE MASSAGES

ALL OUR MASSAGES ARE AVAILABLE IN A DUO TREATMENT ROOM.

#### CUSTOMISED MASSAGES

Massage, the ultimate treatment in the quest for wellbeing. Depending on the desired benefits, choose from a great range of relaxing, circulatory, slimming or deep massages.

#### RELAXATION AND ANTI-STRESS

A gentle, enveloping massage. Choose from four scents: Light massage lotion (spike lavender) Elixir du Maquis (Helichrysum and daisy) Sea-inspired light massage lotion (kelp, lichen and aniseed) Castagniccia fluid (sweet orange)

#### DETOX

Slow massage with pressure Yuzu and grapefruit light massage lotion

#### CIRCULATION

Lymphatic drainage beauty massage: Slow, gentle technique

A combination of energising cedarwood-niaouli oil and refreshing leg gel with 3 types of mint.

#### SLIMMING AND FIRMING

#### Toning and firming massage

Slimming and toning fluid containing juniper, sweet lime and Mysore sandalwood, combined with a cocktail of active slimming ingredients (Yuzu, grapefruit and juniper berries).

#### TREATMENT 1 H - €155

OPTIONAL EXTRA - €70 CRANIAL AND FACIAL MASSAGE 30 MINS BODY-SCRUB 30 MINS

YOUR CHOICE OF EXPRESS RADIANCE-ENERGY FACIAL 30 MINS

#### STAR MASSAGE

This treatment procures an amazing sensation of absolute relaxation to totally release tension. The face and neck are massaged using the Exceptional Elixir containing jojoba, borage and rosewood with regenerating properties. The scalp is massaged using a revitalising lotion containing sage and cedarwood. The hands are massaged with shea butter and beeswax cream for perfect hydration. The feet are massaged with a cream containing myrrh and copaiba combined with patchouli, whose emollient properties ensure that it penetrates deeply.

#### TREATMENT 1 H - €155

#### THE NAGAREBOSHI TREATMENT

This enhanced version of the treatment is enriched with ancestral Japanese techniques, bringing a revitalizing flow to the body. At the heart of this experience are pressure point techniques, along with muscle and joint stretching—rooted in timeless manual expertise passed down through our exchanges between Corsica and Japan.

#### TREATMENT 1H30 - €225

#### PRENATAL TREATMENT-MASSAGE

Ayurvedic massage for pregnant women: this very enveloping massage uses the finest-quality natural jojoba, cotton and baobab oils to help relieve tension caused by pregnancy and improve the skin's elasticity. Supremely relaxing, this gentle and comforting massage harmonises and balances the body for total relief from stress. It helps mothers-to-be experience their pregnancy with serenity. The treatment is rounded off with a refreshing gel containing three types of mint to relax the legs, providing a sensation of utter lightness. Enjoy this moment of total relaxation with complete confidence.

#### THIS TREATMENT CAN BE PERFORMED AFTER THE FIRST THREE MONTHS OF PREGNANCY. TREATMENT 1 H - €155

#### FULL BACK BODY MASSAGE

(Head, neck, shoulders, back, back of the legs, arches of the feet). Using a relaxing plant oil, and moving from the top of the head to the tips of the toes, this special massage treatment relieves tension, stimulates venous circulation and boosts energy. It provides a deep feeling of calmness and promotes relaxation.

TREATMENT 45 MINS - €130





# OTHER SPECIFIC THERAPIES AND MASSAGES

External therapists.

#### By prior request and appointment only

#### VACUODERMIE

Vacuodermie is a natural draining method in which suction cups are applied to the body's meridians, bringing an immediate feeling of well-being. This vacuum technique can be used to reshape the face and body. For the face, it fades wrinkles and restores a radiant glow. For the body, it stimulates the lymphatic system while eliminating toxins. The ultimate treatment for a moment of complete relaxation.

BODY: TREATMENT 50 MINS - €125

FACE AND BODY: TREATMENT 1 HOUR 20 MINUTES - €165

#### AMMA ALLONGÉ

The perfect way to relax all tension by energising the whole body, Amma Allongé is a technique composed of a Kata, a precise sequence of alternating taps, pressure, strokes and acupressure. The actions are concentrated on muscles, joints, and most of the human body's 140 reflex points. Every part of the body is involved during this massage.

A CLOTHED MASSAGE TECHNIQUE, LYING ON A TABLE WITH SPECIAL ERGONOMIC CUSHIONS. A COMFORTABLE GARMENT IS PROVIDED BY THE SPA. TREATMENT 1 HOUR - €140

#### OSTEOPATHY

Gentle facial, cranial and visceral manipulation techniques are used while taking the whole body into account, as a preventive or curative treatment. Manipulation specially adapted for pregnant women.

CONSULTATION - ON REQUEST AT THE SPA RECEPTION - €155

#### AYURVEDIC MASSAGE

Originally from India, this massage uses vegetable oil in a journey for the senses and helps rebalance the body's energy flows. It works to strengthen the nervous system, improve venous circulation, increase joint flexibility and strengthen muscle tone. Ideal as a warmup to a relaxation or meditation session.

TREATMENT 1 HOUR - €155

#### REIKI

A holistic approach that consists of a technique to bring energies and vital forces into harmony, energies and vital force. The Chakras are thus balanced balanced, resulting in a lasting and profound of the body, psyche and emotions.

BODY TREATMENT DURATION 1H - €140

#### FASCIALIST TREATMENT

Expert care based on the use of different manual techniques, designed to prolong the youthfulness of the face and the skin Beauty. Through this noninvasive manual treatment, it is the return Nature that is advocated with **KOBIDO** as the keystone. This ancestral Japanese art of facial massage offers a g lobalized and deep well-being by rebalancing the vital energy.

To extend the journey... KOBIDO SCULPTING, an astonishing combination of authentic Kibido, muscle stretching and face massage through the inside of the mouth. This lifting method, completes and boosts the already very efficience effects of « Authentic Kobido ».

But also, the KANSA WAND (bronze rod). This ancient Ayurvedic ritual practiced with a naturally cold tool, stimulates cell regeneration, detoxifies, drains for a brighter and clearer complexion.

Or KORUGI, Korean facial massage. Complementary to the other two techniques, The Korugi or Face Shaping Method, consists of deep pressure work on the bone structured muscles. From the feet to the top of the skull, tensions are released.

TREATMENT 1 HOUR - €155 FIVE-SESSION PACKAGE - €725 TREATMENT 1 HOUR 15 - €195

#### HINOKI-BO MASSAGE

Japanese ritual performed with a Hinoki stick (Cupress wood) associated with a manual gesture. This accessory increases the benefits of the massage tenfold and allows a very targeted work. This treatment is ideal for decongesting tissues, relieving tension and smoothing out "orange peel skin".

BODY TREATMENT DURATION 1H - €155 FACE&BODY TREATMENT DURATION 1H30 - €210

### CHINEÏTSANG: THE ART OF VISCERAL MASSAGE

Ancestral Taoist technique that focuses on the internal organs and specializes in emotional release. The Chinese philosophy is based on the fact the belly is the center of our emotions. In permanent connection with our brain, via the vagus nerve, the neurons of the belly produce 95% of serotonin, a neurotransmitter that acts on the management of emotions. Stress, tension and harmful emotions can accumulate and cause congestion in the abdomen and internal organs. When this area is knotted, the circulation of « yang »energy and « yin » blood is blocked. Little by little, resistance sets in, the organs weaken and the energy diminishes. By facilitating the functioning of our internal organs, Chi Neï Tsang helps to detoxify the body while strengthening it. This approach, by restoring vital energy to the organs, stimulates our potential for self-healing, allowing us to digest and transform harmful emotional charges that can cause disorder if they are not soothed. Indicated in case of digestive disorders, irritable bowel syndrome, spasms, bloating, constipation, heartburn, fatique, backache, restless sleep, migraines, menstrual pain, sensation of compressed breathing. In addition, following the application a CNT massage, the body and mind are strengthened and deeply relaxed.

Chi Neï Tsang is a complete approach that can be administered alone or integrated with a wellness massage, foot reflexology, Reïki...

#### TREATMENT 1H - €155 / TREATMENT 1H30 - €215



# AN INTERLUDE WITH NUCCA

EVERY DAY OF THE WEEK BETWEEN 9:00 A.M. AND 1:00 P.M. TO BE ENJOYED ON YOUR OWN OR GIVEN AS A GIFT. A WELL-DESERVED INTERLUDE TO RECHARGE YOUR BATTERIES. PACKAGE OF TREATMENTS TO BE PERFORMED SUCCESSIVELY



#### INTRODUCTORY INTERLUDES

#### ENERGISING INTERLUDE

- Start with an apricot kernel scrub. 30 MINS
- Continue with an Argilescence body wrap. 30 MINS
- Finish with a customised RELAX or DETOX massage. 60 MINS

TREATMENT 2 HOURS - €260

#### SEASIDE INTERLUDE

- Start with an apricot kernel scrub. зо ми
- Continue with a seaweed body wrap (rockweed and laminaria). 30 MINS
- Unwind with one of our customised RELAX or DETOX massages. 60 MINS
- And put yourself in the expert hands of your beauty therapist with a customised Express Facial. **30 MINS**

TREATMENT 2 HOURS 30 MINUTES - €330

#### **EXCLUSIVE INTERLUDES**

#### DOWNTIME INTERLUDE

Recover sparkling vitality and energy coupled with a radiant complexion.

- Start the treatment with a Back Relaxer massage to release tension. **30 MINS**
- Continue with an Ultimate Face and Neckline Treatment\* selected by your beauty therapist to suit your needs. 1 HOUR 30 MINUTES
- TREATMENT 2 HOURS €260

#### JAPANESE INTERLUDE

A journey of the senses in the Land of the Rising Sun for optimum relaxation.

- Start with Sokushindo BY NUCCA, a true treatment ritual for feet, for in-depth relaxation of the whole body. **60 mins**
- Continue with the Kobido facial to rebalance the flow of energy in the face. **60 MINS**

TREATMENT 2 HOURS - €260

## THE INITIATORY INTERLUDE

\* 1 hr 30 mins facial – excluding EXCELLENCE BY NUCCA facial

#### SOVEREIGN INTERLUDE

A pause for total relaxation from head to foot.

- Start with a full customised RELAX or DETOX massage. 60 MINS

- Continue with a facial or neckline treatment\*, to be chosen with your beauty therapist to suit to your skin's needs. 1 HOUR 30 MINUTES

TREATMENT 2 HOURS 30 MINUTES - €315

#### Specially designed for our young generation

A wonderful introduction to the spa environment.

- Start with a rest and relaxation massage to suit your mood. **45 MINS** 

- Continue with a refreshing Tender Age facial 45 MINS

TREATMENT 1 HOUR 30 MINUTES - €220





# NUCCA ESCAPADES

FROM MONDAY TO SATURDAY, SPECIALLY DESIGNED FOR OUR OUTSIDE CUSTOMERS

## TOTAL RELEASE ESCAPADE

- Access to the Sensory Space
- between 9:30 a.m and 3:30 p.m
- A lunch in the gardens or on the beachside terrace"

## MORNING ESCAPADE

- in the gardens from 8:30 to 10:00 a.m.
- Access to the Sensory Space<sup>\*</sup>
- between 9:30 a.m. and 1:00 p.m.

\*access to the Sensory Space includes the indoor pool, sauna, and hammam. \*\*excluding alcoholic beverages, crayfish and locally caught fish.

230€

• A 60-minute Nucca treatment to be chosen from our spa menu

175€

• Nutritious or self-indulgent breakfast to suit your mood,

• A 60-minute NUCCA treatment to be chosen from our spa menu



## WAXING

THIS OFFER IS AVAILABLE ONLY IN 45-MINUTE TIME SLOTS (MINIMUM) OR WHEN COMBINED WITH A NUCCA TREATMENT

#### FOR WOMEN

Eyebrows / Upper lip	€ 25
Underarms	€ 30
Arms	€ 35
Bikini line	€ 30
Brazilian strip	€ 40
Full Brazilian	€ 55
Half-leg	€ 40
Full-leg	€ 55

#### FOR MEN

Eyebrows / Ears	€ 25
Underarms	€35
Arms	€45
Half-leg	€45
Full-leg	€65
Back and chest	€75



# FULL MANICURE AND PEDICURE

AVAILABLE BETWEEN 9:30 A.M. AND 3:30 P.M.

#### FULL MANICURE BY NUCCA

For perfectly soft and deeply moisturised hands, thanks to a jojoba wax and shea butter wrap. TREATMENT 45 MINS - €80 WITH NAIL POLISH APPLICATION

#### **EXPRESS MANICURE BY NUCCA**

For nail and cuticle care. HANDS OR FEET WITH APPLICATION OF NAIL POLISH

TREATMENT 45 MINS - €80 HANDS AND FEET WITHOUT NAIL POLISH TREATMENT 60 MINS - €100

TREATMEN 60 MINS - €95

feet once more. WITH A PODIATRIST



### FULL PEDICURE BY NUCCA

For flawless, light and deeply moisturised feet, thanks to a jojoba wax and shea butter wrap.

TREATMENT 45 MINS - €80

WITH CLASSICAL NAIL POLISH APPLICATION TREATMENT 60 MINS - €95

## MEDICAL PEDICURE

A full beauty treatment to ensure soft, perfectly beautiful

CONSULTATION BY APPOINTMENT - €100 THURSDAYS FROM 9:30 A.M. TO 1 P.M.

Kure Bazaar is the first in a new generation of nail lacquers to combine the ethics of an eco-friendly formula with the vibrant colours of Parisian fashion. After several years of research, a technological innovation has made it possible to significantly reduce the use of chemicals without compromising on quality, for long-lasting shine and colour. Natural ingredients account for up to 85% of the exclusive Kure Bazaar formula, which preserves the nails' vitality while respecting their natural growth cycle.



# HAIR SALON

BY PRIOR REQUEST AND APPOINTMENT ONLY. SERVICES OFFERED BY AN EXTERNAL REPRESENTATIVE FOR HOTEL GUESTS.

## WOMEN'S SERVICES

Wash and blow dry, short hair	€60
Wash and blow dry, mid-length hair	€70
Wash and blow dry, long hair	E80
Wash and blow dry, very long hair	€95
Trim	€50
Cut	€70
Natural styling	€40
Girls 13 years and under	€45
Additional charge conditioner	€20
Additional charge mask	€30
Wedding package on requ	Jest

## TECHNIQUE AND COLOUR APPLICATION BY VÉGÉTALEMENT PROVENCE

Végétalement Provence has formulated a health-friendly, plant-based solution. Thanks to this oleic innovation, ammoniac, preservatives and petrochemical ingredients can be dispensed with.

Colour	€70 to €90
Gloss Treatment	€35
Root stretch	€35
Highlights	€120 to €160
Colour and highlights	€185 to €245

## CUT AND STYLE MEN

Men's Cut	€55
Boys 13 years and under	€40
Beard trim using	€45 à €70



# YOGA

Yoga is considered an alternative medicine because it provides many benefits to the body and mind.

Our instructors are available for individual training sessions.

A variety of techniques are offered to adapt to the level of each individual.

VINYASA YOGA : A dynamic and rhythmic succession of positions, coordinated with breathing. Energising, creative, flowing and progressive yoga.

YIN YOGA : Very gentle yoga derived from Taoist principles with a meditative approach. Ideal for slowing down and releasing tension.

FLOW TRAINING : A discerning blend of gentle techniques combining stretching, yoga, Pilates and gentle gym with controlled breathing and awareness of your body. Suppleness, tone and alignment. Lessons suitable for all.

60 MINUTES SESSION - €140 3 SESSION PACKAGE - €390 5 SESSION PACKAGE - €630

## FITNESS

## AQUAGYM

3 SESSION - €260

# **SPORTS**

WITH OUR EXTERNAL INSTRUCTORS BY PRIOR REQUEST AND APPOINTMENT ONLY

## **COACHING & PERSONAL TRAINING**

Our qualified sports instructors offer customised training sessions designed for one or two persons.

Sessions may focus on stretching exercises, muscle toning, zen gym or cardiovascular workouts. A customised programme ideal for those seeking to resume a physical activity, hone their skills or train.

A workout in a warm water environment (sea or pool), in a state of semi weightlessness. This provides an ideal way to reduce muscle tension and combat stress. Aqua gym gives all the body's muscles a gentle workout, but can also be practised as a more high-impact physical activity.

60 MINUTES SESSION - €100 5 SESSION PACKAGE - €410

Private sessions can be booked at the spa reception.



## NUCCA ENVIRONMENTAL CODE

#### INTENTIONALLY: A BOTTLE WITHOUT AN ORGANIC LABEL

NUCCA has intentionally not engaged in an organic certification process, aware that it has limitations due to oversubscription both by brands and by the various certifying organisations. We select the most environmentally responsible raw materials from our local Corsican growers. The remainder is sourced from our network of producers, whose ethics are perfectly in tune with our values.

#### SCIENTIFICALLY CERTIFIED IN JAPAN

NUCCA has chosen to submit its entire range to analysis in the world's most discerning market. In 2021, the JFRL laboratories in Tokyo scientifically attested that our raw materials are completely free of chemical micro-contamination from the field to the bottle. More than a label, scientific evidence!

#### A HIGH-PERFORMANCE LABORATORY DEDICATED TO CLEAN BEAUTY

Active and vigilant, we are involved in all production stages of our range, from sourcing to retail of our clean beauty products.

#### OUR RAW MATERIALS - LIVING MOLECULES

NUCCA's 100% natural cosmetics use only unrefined oils that contain live plant molecules and pigments. The colours, molecules and fragrances of our products can change with the harvest, according to the season and the oil-yielding plants' exposure to sunlight. These differences are inherent to the 100% natural origin of our IQN100° complex. As with a good wine, NUCCA's ingredients are actively enhanced during preparation.

#### PACKAGING AND TECHNOLOGY: ECO-FRIENDLY FROM EVERY ANGLE

Our entirely recyclable Airless® bottles and opaque tubes protect our products from air and light, thus forming a barrier against contamination, deterioration and oxidation. With an Airless® bottle, wastage is reduced to a minimum: at least 98% of the content is used.

Luxury Clean Beauty, in harmony with nature.

# PRACTICAL INFORMATION

At NUCCA Spa, we are dedicated to ensuring relaxation and well-being for our guests and therefore cannot accommodate ringing mobile phones.

Please help us to preserve the tranquillity of our spa by setting your phone to silent mode and deferring your incoming and outgoing calls.

When you arrive directly from the beach, please remember to use the footbaths and outdoor showers located in the gardens, to avoid trailing sand into the Spa's wooden passageways.

#### ACCESS TO THE BATHING AREA

For our hotel quest, the bathing area is available during our opening hours in free access.

For outside customers, a complimentary access for all treatments lasting of 1 hour is offered, excluding beauty services and subject to any restrictions.

Wearing a bath robe is mandatory within the spa area.

#### SPECIALLY DESIGNED FOR OUR ADULT EXTERNAL CLIENTELE

Access to the Sensory Space for 1 hr 30 mins, including the indoor pool, sauna, and hammam, is available for €50.

Reservations are limited to a maximum of 2 external quests per time slot, excluding 5:00 p.m.-8:00 p.m.

A bathrobe, towel, and slippers are included in the price, along with access to the tea lounge.

Access to the lounge chairs cannot be guaranteed for the full duration of the 1 hr 30 min session. Depending on hotel occupancy, the Spa reserves the right to suspend this service.

#### LATE ARRIVALS AND CANCELLATIONS

If you are late, your treatment will be shortened accordingly, as a courtesy to other customers. However, you will be charged for the full price of the treatment.

In the interest of all of our customers and to ensure the best possible organisation of our services, any appointment cancellations or modifications must be made the day before the original appointment.

For same-day cancellations, if the time slot is not filled by another customer, you will be invoiced in full.

#### ACCESS FOR YOUNG PEOPLE

Treatments are available to all customers aged 13 and over.

Teenagers between the ages of 13 and 17 having booked a spa treatment benefit from a complimentary 30 minutes access to the swimming pool, between the hours of 09:30 a.m. and 4:00 p.m. on the day of the treatment.

OUR OPENING HOURS: SEVEN DAYS A WEEK FROM 09:30 A.M. TO 1:00 P.M AND FROM 3:30 P.M. TO 8:00 P.M.

#### LE SPA DUCCA

Tel. + 33 (0)4 95 71 78 10 spa@hotel-calarossa.com www.hotel-calarossa.com www.nucca.fr

Photos : Roberto Greco. Réalisation : B2



# PLANT GLOSSARY

#### APRICOT:

apricot, hydrating and regenerating properties.

#### ALOE VERA:

an excellent moisturiser, soothes, repairs, heals the skin, with regenerative and firming properties.

DILL: diuretic and antispasmodic.

GREEN CLAY: purifies and detoxifies the skin, restores essential minerals, stimulates and heals.

KELP SEAWEED: high iodine and mineral content, slimming and remineralising properties.

MUGWORT - ACCIARICA: rich in trace elements, combats water retention and helps blood circulation.

BASIL - BASILICU: stimulates the immune system, brain tonic, calms tension.

ROSEWOOD: powerful tissue regenerator, firming, anti-wrinkle and anti-ageing.

SWEET CHESTNUT BUD: improves venous and lymphatic circulation.

FIG BUD: stress and sleep regulator.

#### BORAGE - A FRISGIA A BURRACINE:

treats dry, dull, devitalised, wrinkled and mature skin, soothes sensitive and irritated skin and relieves atopic dermatitis

#### BEESWAX:

suitable for all skin types, used since ancient times, high vitamin A content

CARROT - CAROTTA: regenerates, revitalises and refreshes the complexion for a radiant, healthy glow

CEDARWOOD: regenerates and tones the scalp, activates the circulation, stimulates and drains the lymphatic system

FUCUS : used in conjunction with laminaria it fights cellulite, helps slimming efforts, firms the skin and restores minerals.

PRICKLY PEAR: the oil of this fig tree is one of the components of the Exceptional Elixir.

JUNIPER BERRY - GHIJNEBRU: diuretic, draining, astringent and purifying.

WITCH HAZEL: soothes and firms the skin, stimulates the circulation and improves micro-circulation.

#### HELYCHRYSUM - MURZA or IMMORTELLE - MARELLA:

this is without doubt Corsica's emblematic essential oil, used every day in our NUCCA by CALA ROSSA treatments for its amazing anti-oxidant and anti-wrinkle properties and stimulating effect on the circulation. Its name comes from the Greek helios, meaning sun, and chrysos, meaning golden; the alternative name of immortelle is due to its long-lasting flowers, which can be used in dry bouquets.

#### JOJOBA :

a wax with remarkable similarity to the skin's natural oil, protects against dehydration, fights skin-ageing, maintains suppleness and elasticity, helps smooth and firm tissue.

#### SHEA BUTTER:

anti-inflammatory and soothing, facilitates healing, prevents allergies, prolongs tanning, moisturises and nourishes the skin, and reinforces elasticity.

SPIKE LAVENDER: soothes nerve and joint pain.

LICHEN : the lichen found in Corsica combats general fatigue and is antibacterial.

### SWFFT LIME:

strengthens the venous system, stimulates the skin and works in synergy with other plants, effectively targets fat cells

MANDARIN: skin tonic, sebum regulator, antiseptic.

MARJORAM: soothing, anti-inflammatory, anti-fungal.

#### LEMON BALM:

calming, soothing, restores balance to the nervous system, very low yield in distillation making it a precious essential oil.

#### CORSICAN MINT - A MINTRASTELLA:

gives a pleasant, distinctly fresh sensation, antispasmodic properties.

# MYRTLE - MORTA:

CALAMINT: nervousness.

**GRAPEFRUIT:** 

toxic overload.

SAGE - SALVIA:

VERBENA:

YUZU :

fatique and cellulite.

emblematic and symbolic Corsican plant. Myrtle essential oil stimulates the skin's metabolism, venous and lymphatic decongestant.

lesser calamint, intellectual stimulant, combats stress and

lipolytic draining and anti-cellulite.

#### **ROSEMARY - U ROSUMARINU:**

skin tonic, regenerating, flushes out toxins to prevent

anti-fungal, stimulates the immune system, regulates perspiration and the secretion of sebum from the scalp.

anti-inflammatory, stabilises the nervous system.

belongs to the citrus family, originating in Eastern Asia, also cultivated in Corsica, it aids relaxation, fights anxiety,

Yuzu bath: the Japanese immerse the whole fruits into the water of the onsens (thermal baths), to perfume it before taking a relaxing dip.



# COMBINED BENEFITS

#### XIV

#### EXCEPTIONAL ELIXIR

An essential beauty partner with multiple properties. It can be applied alone or in conjunction with any of our other face and body treatments; it restores, moisturises, protects, nourishes, repairs and re-energises, rapidly and visibly smoothing and vitalising the skin. It is just as efficient when combined with creams for skin that is sun-damaged, devitalised or irritated as with sunscreens. It evens skin tone, restores balance and soothes.

#### 50 ML

XII

#### INTENSE REGENERATION DAY CREAM

A triple union! Rich in natural vitamins A, B and C, this very comprehensive skincare prevents slackening of the skin. It protects against free radicals and successfully combats premature aging of the epidermis. This multi-action cream very gently moisturises, restores, firms and repairs the skin. It leaves the skin silky smooth without the slightest oiliness in spite of its nourishing composition. It has the added benefit of containing natural organic hyaluronic acid and a mineral sunscreen.

50 ML

#### XIII INTENSE REGENERATION

NIGHT CREAM A beauty booster. All the benefits of a "sumpathetic" and soothing skin cream. It firms up the epidermis, fights against stress and fatigue, energises the cycle of cellular renewal, protects the skin's elasticity and revi-

talises the tissues. With healing properties, it reduces patches of skin discolouration bu limiting their appearance. A true ally, its formula contains natural vitamin E, omega 3 and natural organic hyaluronic acid.

50 ML

#### XV

#### FACIAL BOOSTER SERUM

A consummate blend! An excellent tissue regenerator, it firms and plumps up the skin and energizes the face. It leaves your complexion looking rested, radiant and even. Other benefits: it contains natural organic hualuronic acid with anti-ageing and antioxidant properties.

30 ML

#### 

#### SUPREME MOISTURE DAY CREAM

An outstanding cream for repairing and perfecting. An appealing bouquet of ingredients! Chosen with care for maximum efficiency, they combine moisturising, nourishing and soothing properties for a radiant skin that is never oily in spite of the cream's intense hudration. And it has even more advantages: natural organic hyaluronic acid and a mineral sunscreen.

50 ML

#### XL SUPREME MOISTURE NIGHT CREAM

Cream with a silky texture for intense, lasting overnight hudration. Olive squalane and grape seed oil, rich in antioxidants, restore the hydrolipidic film and fight successfully against free radicals. Yuzu, with a very high vitamin C content, boosts collagen production and combava, with its calming properties, makes this cream soothing and comfortable. The phyto-aromatic formula leaves the skin delicately scented with citrus notes. In the morning, the features are rested, the skin is replenished and the complexion radiant.

50 ML

#### XVI

#### EYE AREA AND LIP SERUM

An active partner for youthful skin! It focuses on the face's most sensitive areas. Rich in vitamins and minerals, this serum is perfect for addressing the appearance of wrinkles and fine lines. Both preventive and curative, it moisturises and regenerates the delicate tissues around the eyes and lips, making the skin look smooth and refreshed. Containing wig knapweed, it also efficiently treats bags and dark shadows under the eyes.

30 ML

#### **CLEANSING LOTION**

Actively and thoroughly cleanses the pores. Smooth in texture with antioxidant properties, it moisturises and repairs. Ideally, rinse off with one of the two Nucca eaux

90 MI

#### MICELLAR LOTION

An effective and active "strategic" lotion. Thorough cleansing that is also multi-action: anti-inflammatory, softening, moisturising, healing, combats free radicals, prevents dru skin

140 ML

#### DOUBLE ACTION PURIFYING CLEANSER

Performance and mildness! Ideal for those who like to cleanse their skin as gently as possible. Rich in natural, antioxidant vitamin E, this cleanser lightly removes all traces of pollution and make-up while protecting the skin's pH balance.

140 ML

#### IV

#### EYE AND LIP MAKE-UP REMOVER

How does it work? A few drops sprinkled on damp cotton wool, and you're ready to remove your make-up. Its beneficial effects are much appreciated by those with sensitive eyes ... It gently removes make-up from the delicate area around the eyes, without irritating it. It has the added benefit of strengthening the lashes, and healing chapped lips.

50 ML

## XVIII

#### HYDRATING MIST

An instant cool cloud! Just one spritz and you have the dew on your face in the morning. Spritz it on during the day for a quick Beauty fix. HYDRATING MIST! The virtues of this accessible magic are countless. A combination of vitamins and minerals enhancing the skin's tone and suppleness. And again the spritz that soothes, smoothes, firms and remoulds your face. Anti-ageing In short, a must-have for all toiletru and travel baos.

150 ML

## MOISTURISING AND REFRESHING

#### EAU DE NUCCA 1

A stimulating, moisturising eau that soothes sensitive and very young skins. Its benefits can be felt when used to rinse the face, either as a refreshing tonic or before applying skincare products to ensure optimum efficiencu of creams and serums.

#### 125 ML

#### VI

V

#### REGENERATING EAU DE NUCCA 2

Fresh and invigorating! More than simply refreshing, this eau regenerates, moisturises, soothes, purifies and has anti-wrinkle properties. Its benefits can be felt when used to rinse the face, either as a refreshing tonic or before applying skincare products to reveal the full quality of the creams and serums.

#### 125 ML

### VII

#### FACIAL EXFOLIATOR

Rich in natural vitamin E. it moisturises. refines, softens and removes dead skin cells. Its gentle formula means it can be used as often as wanted.

100 ML

#### ΧХ

#### NUCCA I MOISTURISING MASK

Time for a fresh boost! This excellent moisturising mask nourishes and envelopes. With its combination of vitamins and minerals it tones the epidermis, making it smooth and supple, and invigorates the eye area. Another plus: its healing properties.

50 MI

intense regeneration. Apricot restores tone and radiance to the skin, while the lightness of hazelnut oil - a natural source of vitamin E - gives it a supple and silky finish. A touch of helichrysum, known for its antioxidant and healing properties, rounds out this winning formula. This EXTRAORDINARY CREAM

EXTRAORDINARY CREAM

definitely lives up to its name!

### 100 ML

IX

#### XXIV

#### SOOTHING BODY LOTION

All-enveloping softness.... This nourishing cream with antioxidant properties helps cellular regeneration. Its ingredients include aloe vera to calm sensitive skin. Like the rich body cream, you can dress immediately after application.

#### 200 ML

#### XXV

### **RICH BODY CREAM**

Silkiness and radiance! An unctuous, wonderfully moisturising cream with antiageing properties. As pleasant to apply as it is flattering for the skin, it smoothes and firms. It offers superb hydration without leaving the skin oily, so you can dress immediately after application.

200 ML

## VIII

## **EXFOLIATING BODY CREAM**

For smooth skin - and more! As well as exfoliating, when emulsified with a little water this cream is also a cleanser, thanks to a formula containing saponaria, also known as soapwort. So in addition to its exfoliating qualities, this is a two-in-one cream that protects the skin's PH balance.

200 ML

# pomegranate work effectively together for

A "strategic" travel companion, this cream is ideally formulated for the face and body, and perfect for day or night. The rich texture is suitable for all skin types. An array of active ingredients gives it numerous properties: shea butter provides deep hudration, aloe vera and

#### CXXXVI

#### PROTECTIVE HAND & LIP BALM

A high-performance, triple-action treatment that works wonders to preserve the delicate skin of the hands and the fragile texture of the lips. Use as a preventive shield against daily aggressors (climate, pollution, manual tasks), or as a restorative remedy for already weakened areas.

This balm also works beautifully as an overnight mask, helping to restore the skin's suppleness and elasticity

Its rich, effective formula (featuring Jojoba, Arnica, and Shea Butter) creates a natural, breathable barrier that protects without suffocating the skin.

50 ML

#### XXXI

#### FOOT CREAM

Each one is specifically designed for the job! The hand cream is antibacterial and the foot cream is antifungal and antiperspirant.

90 ML

#### XXX

#### HAND CREAM

Each one is specifically designed for the job! The hand cream is antibacterial and the foot cream is antifungal and antiperspirant.

90 ML

#### XXVIII

#### REFRESHING LEG GEL WITH 3 MINTS

The oasis effect! A single application instantly relieves, relaxes and refreshes tired legs. Also effectively combats poor circulation and improves micro-circulation.

125 ML



#### XXIX TONING LEG OIL

An all-day-long ally... Apply: on its own to dry legs, or after a shower to slightly damp skin, and at any other moment in conjunction with one of our body creams. Action: an oil that penetrates very easily without leaving a greasy film; makes the skin lightly silky. Benefit: purifies and reduces puffiness. Very effective against water retention and poor blood circulation.

50 ML



#### HAND SOAP

A restorative soap that takes us on an olfactory journey reflecting the spirit of the Corsican maguis, teeming with native plants and wild flowers. Veru soft and gently scented, this creamy gel has been specially designed to make sensitive hands look beautiful. Its sophisticated formula combines the properties of moisturising and healing aloe vera with sweet almond oil, a remarkable allu for softening the epidermis and encouraging cell regeneration. On contact with water this soap turns into a light foam with a relaxing scent. This beauty routine for the hands can be used as often as you want, and leaves a delicate fragrance on the skin.

500ML

#### XXIII SHAMPOO

#### AND SHOWER EMULSION

Effective and a joy to use. A two-in-one product for thorough hydration and cleansing. An excellent hair volumiser, it also protects the skin's pH balance.

200 ML

#### CONDITIONER

A hyper-moisturising and regenerating conditioning cream, enriched with extracts of shea butter, aloe vera and olive, for hair that is supple, shiny and revitalized from root to tip. Regularly applied, it helps restore and restructure damaged hair by strengthening the follicles and restoring vitality and volume. Including an active cocktail of 3 essential oils, ylang-ylang, raspberry and lemon balm, this treatment helps regulate sebum production and provides protection against damage from heat and pollution. This plant-based conditioner gives hair a real boost.

250 ML

#### XXXVII

#### MIDNIGHT SUN

This restorative skin perfector is a true beauty ally! It provides indispensible benefits to the epidermis after exposure to the sun. Formulated to be regenerative, moisturising, soothing and smoothing, it keeps your suntan looking radiant for longer. It penetrates easily and leaves a non-oily film on the skin. The end result is comfort and a superbly tanned complexion.

100 ML

#### XXXIV

#### FIG SUNSHINE OIL

This queen of oils is not only seductive, but also gentle and smoothing. It is an all-round winner. Effective on all fronts, it delicately puts its eight high quality ingredients to work. Sometimes to accelerate, deepen, perfect and prolong a tan. Sometimes, on the contrary, to soothe, repair, nourish, regenerate and boost. The reward is toned skin and an enhanced tan. Not to mention the generous dominant notes of fig, which gives it its name and sensual fragrance.

100 ML

#### XL

#### NATURAL RELAXING DRINK

A clever blend of apple, linden, sweet orange and lemon balm combined with remarkable celery it has an unparalleled relaxing effect. Ideal during the day and an excellent prelude to a peaceful night's sleep.

### NATURAL DETOXIFYING DRINK

With a strategic blend of recognised active ingredients such as lemon, pineapple, rosemary and juniper, as well as nettle and meadowsweet, it has a tonic, alleviating effect. Its purifying and invigorating gualities can be felt from the first sips.

100 ML

## XLII

#### NATURAL SLIMMING DRINK

A powerful combination of blackcurrant, pineapple, parsley and lemon gently energised with ginger and artichoke, it provides a sensation of agility and wellbeing. An appealing blend that packs a powerful punch.

100 ML

#### XLIII

#### NATURAL CIRCULATION DRINK

A lively blend dominated by fruit in a fusion of blackcurrant, apple, sweet lime, parsleu

and lemon, it offers a welcome sensation of lightness and rejuvenation. Liberating and thirst-quenching.

100 ML

#### THE 7 ESSENTIAL SERUMS NUCCA EXCEPTIONAL TREATMENTS.

#### SÉRUM 1

#### IMPURITIES

A cocktail of highly concentrated and skilfully blended active ingredients, this anti-bacterial treatment penetrates deep into the pores, and treats and prevents the reappearance of blemishes while reducing shine. It boosts the production of coenzyme A, purifies the epidermis and accelerates healing. Sage effectively regulates sebum secretion. The combination of Spike Lavender and Chaulmoogra Oil gently repairs sensitive skin. Non-druing, rebalancing serum, for a visibly refined skin texture.

10 ML

#### SÉRUM 2 OPEN PORES

This alchemy of highly concentrated purifying active ingredients prevents and eliminates blackheads and dilated pores. It refines the skin texture, regulating sebum production and reducing shine. The antiseptic virtues of red thume and sweet orange together with the strong soothing and anti-inflammatory power of Litsea Cubeba offer an outstanding natural means of refining the texture of the skin. Apply to the T-zone (forehead, nose, chin) and the U-zone (lower chin, contours). A rebalancing, non-drying serum for a pure, even complexion.

#### 10 ML

#### SÉRUM 3

#### WRINKLES AND FINE LINES

With concentrated active ingredients to boost and repair, this treatment corrects and prevents the signs of time. Wrinkles and fine lines are significantly reduced thanks to the combined action of cinnamosma and carrot. The combination of rosemary and hops increases the skin's tonus and elasticity. Restructuring serum for a visibly firmer epidermis and a guaranteed replenished effect.

10 ML

#### SÉRUM 4

#### **BROWN SPOTS**

Harmoniously balanced active ingredients to fight uneven pigmentation and prevent their appearance on the face, neckline and back of the hands. This combination of plants restricts the enzyme responsible for the overproduction of melanin and regulates its distribution in the epidermis. Parsley and white lily curb hyper-pigmentation, while musk rose combined with benzoin regenerates mature skin. This serum with a smooth, crystalline texture penetrates instantly and deeply. Ideally used as a 3-month routine for the best result. A lightening and regenerating serum for flawless skin.

10 ML

#### SÉRUM 5 REDNESS

serum with powerful anti-inflammatory ingredients protects and strengthens the elasticity of the capillary walls. It boosts collagen fibres, restores suppleness and softness to the epidermis and reduces the sensation of heat. It reduces unsightly superficial blood veins in the leas and ankles. It repairs the protective hydrolipid film and shields the skin from external aggressors. The combined action of camomile, red thume and murrh soothes inflammation, while amuris and palmarosa regulate micro-circulation. High-performance serum for an even, radiant complexion

10 MI

#### SÉRUM 6

#### SLACKENED SKIN

An antioxidant shield, this serum moisturises, reduces wrinkles, tightens pores and restores skin tone and elasticity. Packed with revitalising ingredients, it stimulates the fibroblasts and boosts cell oxygenation and renewal. Angelica promotes synthesis of collagen and elastin. Rosemaru, a powerful skin regenerator, flushes out toxins. The blend of saro and crimson beebalm erases the signs of time. A serum that revitalises the vital functions of the epidermis and gives it an instant, anti-ageing lift, for radiant, replenished skin.

10 ML

# 100 ML

# XLI

#### SÉRUM 7

#### **OXIDATIVE STRESS**

A rich assortment of natural and powerful active ingredients, providing ultra-protective and purifying skin care. This instantly effective treatment strengthens the skin's resistance to external (UV rays, blue light, pollution) and internal (oxidative stress) aggressors. It boosts hydration and restores the elasticitu and radiance of the complexion. The combined action of peppermint and lantana soothes the epidermis, while niaouli and cajuput energise sensitive skin. Reenergising serum to restore the pH balance of chronically sensitive skin.

10 ML

#### ATMOSPHERE

#### FIG-SCENTED CANDLE

A perfectly balanced fragrance combining the subtle scents of sap with contrasting green notes of fig, enhanced by the woody perfume of cedar, smooth grassy aromas of angelica and a hint of salty samphire. A delicate blend evoking a Mediterranean garden after light summer rain.

180 GR

#### ATMOSPHERE

#### MYRTLE-INCENSE CANDLE

#### 180 GR

The fresh, honeyed scent of myrtle is combined with the intoxicating, spicy fragrance of incense, summoning up the warmth of the Mediterranean. Like an olfactory echo, this delicate blend takes us from a woodland stroll to a fireside reverie. A timeless dream with the subtle scent of adventure.

MYRTLE-INCENSE SPRAY 100 ML

Our products are also available on www.nucca.fr.



A highly sophisticated blend of plants, this



# THE SPA

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